

# Active Parenting Publishers Distributor Catalog

2018

Led by founder and president Michael H. Popkin, Ph.D., Active Parenting Publishers has provided award-winning, video-based education programs to professionals for over 30 years. Our evidence-based programs cover a variety of topics. For more information or to arrange a preview of these products, please contact Distributor Sales Manager Marian Adair at 800-825-0060 x110 or Marian@ActiveParenting.com.

*Active Parenting 4th Edition* (page 5), *Active Parenting of Teens* (page 5), and *Families in Action* (p. 6) are included in the all-important National Registry of Evidence-based Programs and Practices (NREPP). Your customers will find this information very helpful as they apply for funding.



Check our web site for video samples, logos, and more!  
[www.ActiveParenting.com/Distributors](http://www.ActiveParenting.com/Distributors)

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**New!**

**ACTIVE PARENTING FIRST FIVE YEARS Video Library** - for parents of children from birth to age 5 by Michael H. Popkin, Ph.D. et al.

There are four videos in the series, each 9-23 minutes long:

#1691 Video 1: You & Your Child .....	\$79.95
#1692 Video 2: Preventing Problems .....	\$79.95
#1693 Video 3: Encouraging Positive Behavior.....	\$79.95
#1694 Video 4: Preparing Your Child for School Success .....	\$79.95
#1690 <b>Active Parenting: First Five Years Video Library Set of 4.....</b>	<b>\$299.00</b>



**New! For Parents of Children Ages 0-5**

**ACTIVE PARENTING: FIRST FIVE YEARS Program Kit** - for parents of children from birth to age 5 by Michael H. Popkin, PhD. Contributing authors: Amanda Sheffield Morris, PhD, IMH-E®; Ruth Slocum, LCSW, IMH-E®; and Laura Hubbs-Tait, PhD.

Our popular *1,2,3,4 Parents!* program has been thoroughly revised and updated, with contributions from leading extension educators. The new program has all-new video, an engaging parent's guide, and a new emphasis on hot topics. Research tools are provided, and program owners who participate in a national study on effectiveness will be given their results for free.

*First Five Years* contains the essential Active Parenting model: encouragement, communication, and nonviolent discipline. With this edition, we've added content for modern parents, including mindfulness, temperament, brain development, special needs, and school readiness. The program is flexible so leaders can run a class of 1, 3, or 4 sessions. The new kit contains 63 minutes of video available on traditional DVDs or embedded in an engaging PowerPoint slide presentation.

#1680 (Video on DVDs).....	\$399.00
#1681 (Video on PowerPoint).....	\$399.00

**New!**



For information or previews, contact Marian Adair at 800-825-0060 x110  
or [marian@activeparenting.com](mailto:marian@activeparenting.com)

For graphics and sample video, go to [www.ActiveParenting.com/Distributors](http://www.ActiveParenting.com/Distributors)



# ACTIVE PARENTING VIDEO LIBRARIES

Our video libraries contain all the great video scenes from the discussion programs on pages 4-5, rearranged by topic and united by additional narration. These “stand-alone” videos can be used with or without a leader. Each video comes with discussion guidelines and a reproducible parent’s tips sheet.

**New!**

**ACTIVE PARENTING: FIRST FIVE YEARS Video Library** - for parents of children from birth to age 5

by Michael H. Popkin, Ph.D., et al.

There are four videos in the series, each 9-23 minutes long:

- #1691 Video 1: You & Your Child..... \$79.95
- #1692 Video 2: Preventing Problems..... \$79.95
- #1693 Video 3: Encouraging Positive Behavior..... \$79.95
- #1694 Video 4: Preparing Your Child for School Success..... \$79.95
- #1690 Active Parenting: First Five Years Video Library Set of 4.....\$299.00**

“Highly Recommended”



**ACTIVE PARENTING 4TH EDITION Video Library** - for parents of children ages 5 to 12

by Michael H. Popkin, Ph.D.

There are six videos in the series, each 25-35 minutes long:

- #1971 Video 1: The Active Parent..... \$79.95
- #1972 Video 2: Cooperation and Communication..... \$79.95
- #1973 Video 3: Responsibility & Discipline..... \$79.95
- #1974 Video 4: Building Courage, and Self-Esteem..... \$79.95
- #1975 Video 5: Understanding & Redirecting Misbehavior..... \$79.95
- #1976 Video 6: Active Parenting for School Success..... \$79.95
- #1970 Active Parenting 4th Edition Video Library Set of 6..... \$399.00**

**Spanish videos - see pages 10-11**



Based on a program on the NREPP list (see page 5).

**ACTIVE PARENTING OF TEENS Video Library** - for parents of teens & preteens

by Michael H. Popkin, Ph.D.

There are six videos in the series, each ranging from 23-29 minutes in length:

- #4521D Video 1: The Active Parent..... \$69.95
- #4522D Video 2: Winning Cooperation..... \$69.95
- #4523D Video 3: Responsibility and Discipline..... \$69.95
- #4524D Video 4: Building Courage, Redirecting Misbehavior..... \$69.95
- #4525D Video 5: Drugs, Sexuality, and Violence: Reducing the Risks, part 1..... \$69.95
- #4526D Video 6: Drugs, Sexuality, and Violence: Reducing the Risks, part 2..... \$69.95
- #4520D Active Parenting of Teens Video Library Set of 6.....\$349.00**



Based on a program on the NREPP list (see page 5).

**ACTIVE PARENTING FOR STEPFAMILIES Video Library** - for parents & stepparents

by Michael H. Popkin, Ph.D., and Elizabeth Einstein, M.A., L.M.F.T.

There are six closed-captioned videos in the series, each 21-46 minutes long:

- #1921D Video 1: Stepfamily Living: A Different Kind of Challenge..... \$69.95
- #1922D Video 2: Finding Your Way: Communication & Problem Solving..... \$69.95
- #1923D Video 3: A Tale of Two Histories: Turning Differences into Opportunities..... \$69.95
- #1924D Video 4: The Challenge of Discipline..... \$69.95
- #1925D Video 5: From Anger & Power Struggles to Courage & Self-Esteem..... \$69.95
- #1926D Video 6: Celebrating Stepfamily Success..... \$69.95
- #1920D Active Parenting for Stepfamilies Video Library Set of 6.....\$349.00**



# MORE VIDEO LIBRARIES

Check our website for video samples, logos, and more!  
[www.ActiveParenting.com/Distributors](http://www.ActiveParenting.com/Distributors)



**PARENTS ON BOARD Video Library** - parent engagement tools for elementary school  
 by Michael H. Popkin, Ph.D., Bettie B. Youngs, Ph.D., Ed.D., and Jane M. Healy, Ph.D.

There are three videos in the series, each 16-23 minutes long:

- #1521D Video 1: Preparing Your Child to Succeed in School.....\$69.95
- #1522D Video 2: Encouraging Positive Behavior.....\$69.95
- #1523D Video 3: Reinforcing Your Child's Academic Skills.....\$69.95
- #1520D Parents on Board Video Library for Elementary School Set of 3.....\$179.00**



**PARENTS ON BOARD Video Library** - parent engagement tools for middle school  
 by Michael H. Popkin, Ph.D., Bettie B. Youngs, Ph.D., Ed.D., and Jane M. Healy, Ph.D.

There are three videos in the series, each 16-23 minutes long:

- #1531D Video 1: Preparing Your Child to Succeed in Middle School.....\$69.95
- #1532D Video 2: Encouraging Positive Behavior.....\$69.95
- #1533D Video 3: Reinforcing Your Child's Academic Skills.....\$69.95
- #1530D Parents on Board Video Library for Middle School Set of 3.....\$179.00**

**TEENS IN ACTION Video Library** - for teens and preteens

by Michael H. Popkin, Ph.D. & Peggy Hendrickson, M.A., M.S.W., A.C.S.W.

The *Teens in Action* Video Library is a set of 6 stand-alone videos for kids ages 11-15. They share important life skills while helping viewers understand the dangers of risky behavior such as alcohol and drug abuse. Each video is 14-24 minutes long. (See page 7 for the *Teens in Action* Program Kit.)

- #1791 Video 1: To Survive and Thrive.....\$69.95
- #1792 Video 2: Cooperation and Communication.....\$69.95
- #1793 Video 3: Responsibility & Discipline.....\$69.95
- #1794 Video 4: Building Courage, and Self-Esteem.....\$69.95
- #1795 Video 5: Drugs, Sexuality, and Violence: Reducing the Risks, part 1.....\$69.95
- #1796 Video 6: Drugs, Sexuality, and Violence: Reducing the Risks, part 2.....\$69.95
- #1790 Teens in Action Video Library Set of 6.....\$279.00**

## PRETEENS & TEENS



**FAMILIES TALK ABOUT... Video Library**

produced by Rose Films

Parents (& grandparents) of at-risk children speak openly about their experiences in these warm and inspirational videos. A discussion guide is included with each video. Also available in Spanish (p. 12). *Approx. 20 min. ea.*

- #6402D Grandparenting.....\$79.95
- #6405D Bonding with Your Baby.....\$79.95
- #6406D Education Starts at Home.....\$79.95
- #6407D Wise Words on Discipline.....\$79.95
- #6404D Fathers Matter.....\$79.95
- #6403D Encouraging Positive Activities.....\$79.95
- #6401D Single Parenting.....\$79.95
- #6410D Marriage.....\$79.95
- #6411D Foster Parenting.....\$79.95
- #6430D Families Talk About... Video Library Set of 9.....\$559.00**



**Spanish - see pages 10-13**

# VIDEO & DISCUSSION PROGRAMS KITS

**ACTIVE PARENTING: FIRST FIVE YEARS** - for parents of children from birth to age 5 by Michael H. Popkin, PhD. Contributing authors: Amanda Sheffield Morris, PhD, IMH-E®; Ruth Slocum, LCSW, IMH-E®; and Laura Hubbs-Tait, PhD.

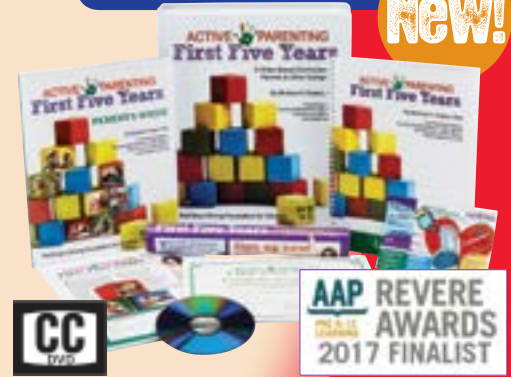
This new curriculum provides parents with the skills they need to nurture young children with a “just right” combination of freedom and nonviolent discipline. This flexible program can be presented in 1, 3, or 4 sessions. Completely revised in 2016, including all new video. Program Kit contains 63 minutes of video on 1 PowerPoint with embedded video, or 1 DVD + nonvideo PowerPoint; Leader’s Guide; Parent’s Guide; sample parent certificate; key points magnet; tools for research; 2 posters and a color flyer. Also available in Spanish (p. 10).

**#1680 Program Kit with video on DVD ..... \$399.00**

**#1681 Program Kit with video on PowerPoint ..... \$399.00**

## EARLY CHILDHOOD

**New!**



**ACTIVE PARENTING 4TH EDITION** - for parents of children ages 5 to 12 by Michael H. Popkin, Ph.D.

**Included on the National Registry of Evidence-based Programs and Practices (NREPP)** The *Active Parenting 4th Edition* program provides parents with the skills they need to develop cooperation, responsibility, and school success in their children. Emphasizes open communication and nonviolent discipline. DVDs contain closed-captioning for the hearing impaired. Designed for 1, 3, 4, or 6 two-hour sessions. Program Kit contains 170 minutes of video on 1 PowerPoint with embedded video, or 2 DVDs + nonvideo PowerPoint; Leader’s Guide; Parent’s Guide; Parent’s Workbook; sample parent certificate; 2 posters, key points magnet; and downloadable flyer and measurement tools. Also available in Spanish (p. 10).

**#1960 Program Kit with video on DVDs ..... \$499.00**

**#1961 Program Kit with video on PowerPoint ..... \$499.00**

## AGES 5 TO 12



**ACTIVE PARENTING OF TEENS (3rd ed.)** - for parents of preteens & teens by Michael H. Popkin, Ph.D.

**Included on the National Registry of Evidence-based Programs and Practices (NREPP).**

*Active Parenting of Teens* (3rd ed.) provides parents with the skills they need to use effective discipline, teach responsibility, prevent problems, and communicate openly with their teens. Each session also shows parents how to handle sensitive issues such as drugs, sexuality, and bullying. This flexible program can be presented in 2, 4, or 6 sessions. Program Kit contains 150 minutes of video on 1 PowerPoint with embedded video, or 2 DVDs + nonvideo PowerPoint; Leader’s Guide; Parent’s Guide; sample parent certificate; 2 posters and a color flyer. Also available in Spanish (p. 10).

**#4500D Program Kit with video on DVDs ..... \$449.00**

**#4500P Program Kit with video on PowerPoint ..... \$449.00**

## PRETEENS & TEENS



**PARENTS ON BOARD** - building academic success through parent involvement by Michael H. Popkin, Ph.D., Bettie B. Youngs, Ph.D., Ed.D., and Jane M. Healy, Ph.D.

*Parents on Board* provides parents of children in grades K-7 with information on how they can help their children succeed in school. Includes discussion of children’s learning styles, building good parent-teacher relationships, motivating children to learn and providing the right study environment. Also gives specifics on how to help with writing, spelling, math and science skills. Designed for three 90-minute sessions. Program Kit contains 2 DVDs, Leader’s Guide, Parent’s Guide, Tips Booklet, sample parent certificate, 2 posters and reproducible flyer.

**#1500D Parents on Board Program Kit ..... \$249.00**

## PARENT INVOLVEMENT



# VIDEO & DISCUSSION PROGRAM KITS

**ACTIVE PARENTING FOR STEPFAMILIES** - help for parents & stepparents  
by Michael H. Popkin, Ph.D., and Elizabeth Einstein, M.A., L.M.F.T.

*Active Parenting for Stepfamilies* is a six-session, video-based discussion program to help couples work together to raise children in the challenging stepfamily environment. The program also teaches how to use powerful communication and negotiation skills to strengthen marriage and family.

The video is closed-captioned and features highlights from Active Parenting videos plus all-new scenes filmed for this program. Program Kit contains 2 DVDs, Leader's Guide, Parent's Guide, sample parent certificate, 2 posters and a color flyer.

**#1940D Active Parenting for Stepfamilies Program Kit .....\$399.00**

**ACTIVE PARENTING FOR STEPFAMILIES in 3** - a short program for parents & stepparents  
by Michael H. Popkin, Ph.D. & Elizabeth Einstein, MA, LMFT

*Active Parenting for Stepfamilies in 3* uses many of the same elements as the original program (see above), but focuses specifically on stepfamily issues. Program Kit contains 1 DVD, Leader's Guide, Parent's Guide, sample parent certificate, 2 posters, and color flyer.

**#1950D Active Parenting for Stepfamilies in 3 Program Kit ..... \$249.00**

**COOPERATIVE PARENTING AND DIVORCE** - for separating parents  
by Susan Boyan, M.Ed., L.M.F.T., and Ann Marie Termini, Ed.S., L.P.C.

The *Cooperative Parenting and Divorce* program helps divorcing parents shield their children from parental conflict. Parents learn to guide their children through the process of recovery while establishing a positive, long-term relationship with the child's other parent. Also available in Spanish (p. 12).

- Educates parents on the impact their conflict has on their children
- Explains children's issues in divorce
- Teaches parents the practical skills they need to manage anger, increase impulse control, resolve conflict and talk to each other without arguing
- Is designed to be the "next step" for parents in counties that require divorce seminars.

The course is designed for eight 2-hour sessions. Program Kit contains 1 DVD, Leader's Guide, Parent's Guide, sample parent certificate, marketing materials and forms.

**#3100D Cooperative Parenting and Divorce Program Kit ..... \$349.00**

**CROSSROADS OF PARENTING & DIVORCE** - a short course for divorcing parents  
by Susan Boyan, M.Ed., LMFT, and Ann Marie Termini, Ed.S., M.S., L.P.C.

*Crossroads* is a five-step seminar designed to prevent divorce abuse—a specific type of emotional abuse that divorcing parents cause when, in their anger and bitterness, they lose sight of their child's needs. Classes can be completed in 4-6 hours. Program Kit contains 1 DVD, Leader's Guide, Parent's Guide, sample parent certificate, and promotional materials and forms on CD.

**#3400D Crossroads Program Kit ..... \$299.00**

**FAMILIES IN ACTION** - for parents & teens together  
by Michael H. Popkin, Ph.D. & Peggy Hendrickson, M.A., M.S.W., A.C.S.W.

The *Active Parenting of Teens: Families in Action* Program Kit gives families critical tools for the challenging teen years: communication, mutual respect, drug prevention and more. Featuring lively activities and video, the kit provides the flexibility needed to teach three different kinds of classes: a parenting class, a life skills class for teens (ages 11-15), and a class for parents+teens together. It's listed on NREPP.

**#1730 Families in Action Program Kit ..... \$549.00**

## FOR STEPFAMILIES



3 sessions



## CO-PARENTING



Just 4-6 hours



5

# CHARACTER EDUCATION

**TEENS IN ACTION Program Kit** - for teens and preteens  
 by Michael H. Popkin, Ph.D. & Peggy Hendrickson, M.A., M.S.W., A.C.S.W.

*Teens in Action* is a high-energy, video-based program for ages 11-15. Developed over a period of five years, the program teaches important life skills while helping teens understand the dangers of risky behavior, such as alcohol and drug abuse.

Best of all, this course addresses issues that are important to today's teens. They may act like they know it all, but adolescents are full of questions and are eager to learn how to succeed in the adult world. *Teens in Action* is a fun way to help them understand changes in their bodies and brains; communicate in a mature way with adults and others; develop skills for resisting negative peer pressure; and learn techniques for peaceful conflict resolution. Program Kit contains 124 minutes of video on 1 DVD; Leader's Guide; Teen's Guide; 1 Responsibility Coin; sample certificate; 2 posters, and downloadable flyer.

- #1740 **Teens in Action Program Kit** .....\$299.00
- #1790 **Teens in Action Video Library (see page 3)** .....\$279.00

## TEENS IN ACTION Teen's Guide

by Michael H. Popkin, Ph.D. & Peggy Hendrickson, M.A., M.S.W., A.C.S.W.

Filled with stories, exercises, and vibrant graphics, *Teens in Action* presents serious information in a not-too-serious way that will help break down barriers. Several of the concepts are even presented using graphic novel format. Comics like "Interview with the Vampire with Low Self-Esteem" and "A Teenage Werewolf Plays the Blame Game" will get a smile even out of boring adults! (215 pp.)

- #1743 .....\$13.95

## HOMEBOYS Video Library - gang and violence prevention

Videos by Donna Dewey

**HOMEBOYS: LIFE AND DEATH IN THE HOOD** Young members of the Crips and the Bloods talk about why they joined, life in the gang, friends who have died and the lure of dealing drugs. (28 min.)

- #6511D .....\$69.95

**HOMEBOYS: MY DADDY'S IN JAIL** This video, filmed 8 years after the first one, presents the same men—all but one now in jail. It gives equal time to the prisoners and their children. (26 min.)

- #6512D .....\$69.95

**STREET FIGHTERS: BREAKING THE CYCLE** A former drug dealer offers hope as he describes his violent life as a criminal, the horrors of prison and the moment when he decided to turn his life around. The Rev. Leon Kelly now devotes his time to preventing youth from adopting the same violent lifestyle. (17 min.)

- #6513D .....\$69.95

- #6510D **Homeboys Video Library Set of 3** .....\$179.00

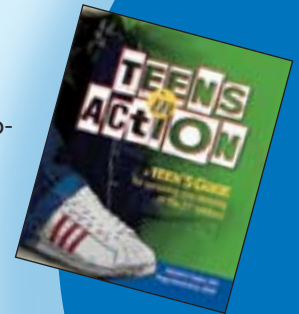
## CHIEFS Video

Video by Daniel Junge, Henry Ansbacher and Donna Dewey

This documentary video from Academy Award-winning producer Donna Dewey is a powerful addition to any character education program. *CHIEFS* follows a team of Native American teens as they strive to recapture the state basketball championship while battling against poverty, alcoholism, drugs and racism.

*CHIEFS* portrays the very real consequences of choices made by each member of the team. Thanks to thrilling game footage and a sympathetic portrayal of the players' lives, viewers will root for them all—and learn many valuable lessons along the way. The video is split into 3 distinct sections for easy viewing and discussion. Discussion questions included. (87 min.)

- #6672D .....~~\$99.95~~ \$69.95



"...an exquisite gem that will resonate long after the credits roll."  
 - Ellen Sweets, Denver Post

**Notable Children's Video**  
 (American Library Assoc.)

# CHARACTER EDUCATION

The *Connecting with Kids* videos explore a variety of issues important to parents, children and teens. Produced by the award-winning CWK Network, Inc., each video is presented in a fast-moving documentary style that packs in a lot of information while keeping the viewer's attention.



*"An excellent teaching tool that presents crucial life lessons in a creative, practical way..."*

-Video Librarian magazine, Sept./Oct. 2003

## CONNECTING WITH KIDS Video Library - for elementary school

Each video contains 3 distinct segments featuring real kids whose real stories address a different topic of character education. The 35-page Lesson Plan on CD contains discussion points, activities, a glossary and more. *Approx. 20 min. each.*

#5201D Video 1: Perseverance/Responsibility/Tolerance .....	\$69.95
#5202D Video 2: Helpfulness/Kindness/Loyalty.....	\$69.95
#5203D Video 3: Courage/Diligence/Caring .....	\$69.95
#5204D Video 4: Self-Control/Fairness/Togetherness .....	\$69.95
#5205D Video 5: Honesty/Freedom/Courtesy .....	\$69.95
#5206D Video 6: Generosity/Trustworthiness/Cooperation .....	\$69.95
<b>#5200D Connecting with Kids Video Library Set of 6 .....</b>	<b>\$349.00</b>

**Comes with complete Lesson Plan.**



## CONNECT WITH KIDS Video Library - for parents & kids

The *Connect with Kids* videos feature real teens talking about their experiences with the critical issues of the day. Produced by a former TV reporter, they are fast-paced and packed with information and indelible images. These videos are economical, too: use the same one for students and for parents! Each comes with Lesson Plans on CD for middle and high school students, plus discussion questions and a reproducible tips sheet for the parents. *Approx. 22 min. each.*

#5281 Bright Kids, Bad Grades .....	\$79.95
#5282 Good Kids, Bad Choices.....	\$79.95
#5283 Shattered: Drunk Driving .....	\$79.95
#5284 Just Once: Meth Abuse .....	\$79.95
#5285 Prescription for Trouble .....	\$79.95
#5287 A Violent Age.....	\$79.95
#5286 Silent Witness: Bullying Prevention .....	\$79.95
#5288 Sticks and Stones: Verbal Harassment .....	\$79.95
<b>#5289 Connect with Kids Video Library Set of 8 .....</b>	<b>\$559.00</b>



# BOOKS

## ACTIVE PARENTING: FIRST FIVE YEARS PARENT'S GUIDE

by Michael H. Popkin, PhD. Contributing authors: Amanda Sheffield Morris, PhD, IMH-E®; Ruth Slocum, LCSW, IMH-E®; and Laura Hubbs-Tait, PhD.

Written by a parenting expert with contributions from a team of extension educators, this engaging book offers basic parenting skills for new parents, including ages and stages, self-calming, mindfulness in parenting, and nonviolent discipline techniques for toddlers. (144 pp.)

#1683..... \$14.95



## ACTIVE PARENTING 4TH EDITION PARENT'S GUIDE

by Michael H. Popkin, Ph.D.

Provides parents with the skills they need to develop cooperation, responsibility, and school success in their children. (219 pp.) \*\*Ebook also available. Call for details.\*\*

#1963..... \$14.95



## ACTIVE PARENTING 4TH EDITION PARENT'S WORKBOOK

by Michael H. Popkin, Ph.D.

The workbooks provide worksheets, activity pages for home, and a copy of the program's PowerPoint slides for parents to take notes. (80 pp.)

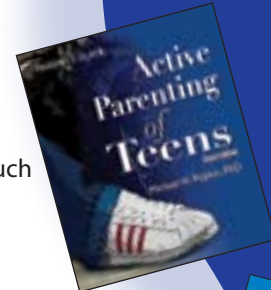
#1964..... \$12.95

## ACTIVE PARENTING OF TEENS PARENT'S GUIDE

by Michael H. Popkin, Ph.D.

The book for parents of preteens and teens explores how to use effective discipline, teach responsibility, and communicate openly. Also discusses sensitive issues parents of adolescents face such as drugs, sexuality, and bullying. (232 pp.)

#4503..... \$14.95

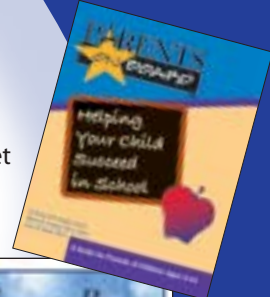


## PARENTS ON BOARD PARENT'S GUIDE

by Michael H. Popkin, Ph.D., Bettie B. Youngs, Ph.D., Ed.D, and Jane M. Healy, Ph.D.

Offers information on how to help children achieve school success in grades K-7. Describes children's learning styles, how to build a good relationship with the teacher, how to motivate children to learn, and how to set up a good study environment. (221 pp.)

#1503..... \$13.95



## COOPERATIVE PARENTING AND DIVORCE PARENT'S GUIDE

by Susan Boyan, M.Ed., LMFT, and Ann Marie Termini, Ed.S., LPC

This book provides vital information to help separating parents make the transition to a positive new relationship as co-parents. Covers loyalty conflicts, peaceful negotiations, communication, and more. (201 pp.)

#3103..... \$19.95

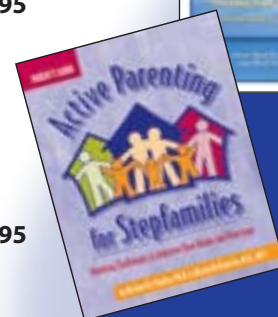


## ACTIVE PARENTING FOR STEPFAMILIES PARENT'S GUIDE

by Michael H. Popkin, Ph.D. and Elizabeth Einstein, M.A., L.M.F.T.

A book for parents and stepparents. Describes how to work together to raise children in the challenging but rewarding stepfamily environment. (238 pp.)

#1943..... \$14.95





# BOOKS

## DOC POP'S 52 WEEKS OF ACTIVE PARENTING

by Michael "Doc Pop" Popkin

This cheery hardcover book from our own Dr. Popkin makes it easy and fun to turn Active Parenting ideas into a part of a family's daily life. Each week readers are given a key Active Parenting concept and a suggestion on how to try that concept during the week. Filled with wise and humorous examples, this book is a great gift idea for the active parents in your life. For parents of children of all ages. Hardcover. (112 pp.)

#8653.....\$12.95



## LET'S TALK ABOUT FOSTER HOMES

by Elizabeth Weitzman

Written for elementary-school children, this book helps answer some of the questions that they will have about life in foster care. (Hardcover, 24 pp.)

#8330.....\$15.95



## LET'S TALK ABOUT WHEN YOUR PARENT IS IN JAIL

by Maureen K. Wittbold

Written for elementary-school children, this book describes the parent's life in prison and life for the family "outside." (Hardcover, 24 pp.)

#8351.....\$15.95

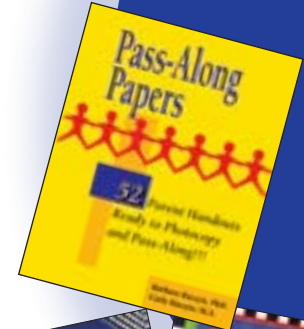


## PASS-ALONG PAPERS: 52 Parent Handouts Ready to Photocopy and Pass Along

by Barbara Kuczen, Ph.D., and Carly Kuczen, M.A.

These 52 reproducible flyers are for teachers and parent educators to "pass along" to parents and other caregivers. Each two-sided flyer describes a typical childhood challenge—aggressive behavior, bed-wetting, stuttering and television, to name a few—explains some factors influencing the problem, offers a list of suggestions and then encourages the reader to come up with a Family Action Plan. (110 pp.)

#1850.....\$39.95



## THE THANK-YOU BOOKS: Hundreds of Clever, Meaningful and Purposeful Ways to Say Thank You

by Robyn Freedman Spizman and Ali Lauren Spizman

These charming hardcover books offer creative and clever ways to express appreciation. The book for adults (113 pp.) offers dozens of examples to follow for writing simple notes, letters and cards; even for creating edible thank yous! The book for children (160 pp.), written by a teen, explains why courtesy counts and includes sample notes to teachers, coaches, friends, family and community leaders.

#8526 Thank You Book.....\$12.95

#8527 Thank You Book for Kids.....\$12.95



As seen in Southern Living magazine

## ACTIVE PARENTING BOOKLETS

by Michael H. Popkin, Ph.D.

These illustrated booklets, available in English or Spanish, are packed with tips and exercises to help parents empower their children at home and in school. Includes the best from *Active Parenting Now's* encouragement skills and *Parents on Board's* parent-involvement tips. (28 pp.)

#1515.....\$2.00



## AudioBook

### ACTIVE PARENTING NOW PARENT GUIDE ON CD

by Michael H. Popkin, Ph.D.

Dr. Michael Popkin and TV personality Joe Washington have teamed up to provide you with the entire *Active Parenting Now Parent's Guide* on CD. Listen to the powerful Active Parenting ideas on this 4-CD set at home, in your car, or as you exercise. (296 min.)

#1918 AudioBook.....\$19.95



Unabridged

# SPANISH - Video Libraries

Our video libraries are dubbed in Spanish and contain all the great video scenes from the discussion programs on page 12, rearranged by topic and united by additional narration. These “stand-alone” videos can be used with or without a leader. Each video comes with discussion guidelines and a reproducible parent’s tips sheet. All materials are in Spanish unless otherwise noted.

## AGES 1 TO 4

**PATERNIDAD ACTIVA: LOS PRIMEROS CINCO AÑOS** - for parents of children ages 0-5  
by Michael H. Popkin, Ph.D., et al.

This set of 4 videos is for parents of children from birth to age 5. The videos are dubbed in Spanish and come with reproducible Parent’s Tips Sheets in Spanish.

- Video 1: Usted y su niño “You & Your Child” (23 min.)  
#2241 .....\$79.95
- Video 2: Prevención de problemas “Preventing Problems” (12 min.)  
#2242 .....\$79.95
- Video 3: Apoyar el comportamiento positivo “Encouraging Positive Behavior” (9 min.)  
#2243 .....\$79.95
- Video 4: Preparación para el éxito en la escuela “Preparing Your Child for School Success” (19 min.)  
#2244 .....\$79.95
- #2240 Los primeros cinco años Video Library Set of 4 ..... \$299.00**



## AGES 5 TO 12

**PATERNIDAD ACTIVA 4a EDICIÓN Video Library** - for parents of ages 5-12  
by Michael H. Popkin, Ph.D.

- Video #1: El Padre Activo “The Active Parent” (35 min.)  
#1291 .....\$79.95
- Video #2: Cooperación y comunicación “Cooperation & Communication” (26 min.)  
#1292 .....\$79.95
- Video #3: Responsabilidad y disciplina “Responsibility & Discipline” (29 min.)  
#1293 .....\$79.95
- Video #4: Desarrollar coraje y autoestima “Building Courage & Self-Esteem” (29 min.)  
#1294 .....\$79.95
- Video #5: Redireccionado el mal comportamiento “Understanding & Redirecting Misbehavior” (29 min.)  
#1295 .....\$79.95
- Video #6: Preparando a su hijo para triunfar en la escuela “Active Parenting for School Success” (25 min.)  
#1296 .....\$79.95
- #1290 Paternidad Activa 4a Edición Video Library Set of 6 ..... \$399.00**



## TEENS

**PATERNIDAD ACTIVA DE ADOLESCENTES Video Library** - for parents of teens  
by Michael H. Popkin, Ph.D.

- Video 1: Paternidad Activa “The Active Parent” (32 min.)  
#1281 .....\$69.95
- Video 2: Ganado Cooperación “Winning Cooperation” (24 min.)  
#1282 .....\$69.95
- Video 3: Responsabilidad y disciplina “Responsibility & Discipline” (29 min.)  
#1283 .....\$69.95
- Video 4: Construyendo el aliento, redireccionado el mal comportamiento “Building Courage, Redirecting Misbehavior” (34 min.)  
#1284 .....\$69.95
- Video 5: Drogas, sexualidad y violencia: Reduciendo los riesgos; parte 1  
“Drugs, Sexuality, and Violence: Reducing the Risks, part 1” (24 min.)  
#1285 .....\$69.95
- Video 6: Drogas, sexualidad y violencia: Reduciendo los riesgos; parte 2  
“Drugs, Sexuality, and Violence: Reducing the Risks, part 2” (30 min.)  
#1286 .....\$69.95
- #1280 Paternidad Activa de Adolescentes Video Library Set of 6 ..... \$349.00**



# SPANISH - Video Libraries

All materials are in Spanish unless otherwise noted.

**PADRES A BORDO** Video Library - building academic achievement through parent involvement.

Video 1: Preparando a su Hijo Para Triunfar en la Escuela "Preparing Your Child to Succeed in School" (19 min.)

#1231 ..... \$69.95

Video 2: Estimulando el Comportamiento Positivo "Encouraging Positive Behavior" (23 min.)

#1232 ..... \$69.95

Video 3: Reforzando las Habilidades Académicas de su Hijo "Reinforcing Your Child's Academic Skills" (24 min.)

#1233 ..... \$69.95

**#1230 Padres a Bordo Video Library Set of 3 ..... \$179.00**

## PARENT INVOLVEMENT



## CONNECT WITH KIDS Video Library

The *Connect with Kids* videos feature real teens talking about their experiences with the critical issues of the day. Produced by a former TV reporter, they are fast-paced and packed with information and indelible images. These videos are economical, too: use the same one for students and for parents! Each comes with Lesson Plans on CD for middle and high school students, plus discussion questions and a reproducible tips sheet for the parents. Lesson Plans are in English. Dubbed. 22 min. each.

#5281SP **Chicos brillantes, malas calificaciones** "Bright Kids, Bad Grades" . . . . . \$79.95

#5283SP **Destrozado** "Shattered: Drunk Driving" . . . . . \$79.95

#5284SP **Sólo una vez: metanfetaminas** "Just Once: Meth Abuse" . . . . . \$79.95

#5287SP **La edad violenta** "Violent Age" . . . . . \$79.95

#5288SP **Piedras y palos** "Sticks and Stones: Verbal Harassment" . . . . . \$79.95

**#5289SP Connect with Kids Video Library Set of 5 ..... \$319.00**



## LAS FAMILIAS HABLAN SOBRE... Video Library

series created by James Sayre, M.D. • produced by Rose Films, Inc.

Parents and grandparents speak openly about their experiences in these warm and inspirational videos. Dubbed. A discussion guide is included with each video.

Video 1: Estableciendo el Vínculo Afectivo con su Bebé "Bonding with Your Baby" (16 min.)

#1251D . . . . . \$79.95

Video 2: La Educación Comienza en Casa "Education Starts at Home" (24 min.)

#1252D . . . . . \$79.95

Video 3: Palabras Sabias Acerca de la Disciplina "Wise Words on Discipline" (18 min.)

#1253D . . . . . \$79.95

Video 4: Los Padres son Importantes "Fathers Matter" (19 min.)

#1254D . . . . . \$79.95

Video 5: Estimulando Actividades Positivas "Encouraging Positive Activities" (18 min.)

#1255D . . . . . \$79.95

Video 6: Los Padres Solteros "Single Parenting" (23 min.)

#1256D . . . . . \$79.95

Video 7: El Matrimonio "Marriage" (18 min.)

#1257D . . . . . \$79.95

Video 8: Los Padres De Crianza "Foster Parenting" (24 min.)

#1258D . . . . . \$79.95

Video 9: Abuelos como Padres otra vez "Grandparents as Parents" (28 min.)

#1259D . . . . . \$79.95

**#1260D Las Familias Hablan Sobre Video Library Set of 9 . . . . . \$559.00**



# SPANISH - Video & Discussion Program Kits

All materials are in Spanish unless otherwise noted.



**PATERNIDAD ACTIVA: LOS PRIMEROS CINCO AÑOS** - for parents of children ages 0-5  
 by Michael H. Popkin, Ph.D. Contributing authors: Amanda Sheffield Morris, PhD, IMH-E®;  
 Ruth Slocum, LCSW, IMH-E®; and Laura Hubbs-Tait, PhD.

*Los primeros cinco años* is a video-based discussion program that's perfect for new parents. It addresses basic parenting skills, including nonviolent discipline techniques for toddlers that really work and school readiness. Video dubbed in Spanish. Flexible design allows the course to be conducted in 1, 3, or 4 sessions. Program Kit contains 63 minutes of video on 1 PowerPoint with embedded video, or 1 DVD + nonvideo PowerPoint; Leader's Guide; Parent's Guide; sample parent certificate; research tools; 2 posters and reproducible flyer. Also available in English (see p. 4).

- #2230 **Program Kit with video on DVD** ..... \$399.00
- #2231 **Program Kit with video on PowerPoint**..... \$399.00



**PATERNIDAD ACTIVA 4A EDICIÓN** - for parents of children ages 5 to 12  
 by Michael H. Popkin, Ph.D.

This program provides parents with the skills they need to develop cooperation, responsibility, and school success in their children. Program Kit contains 170 minutes of video on 1 PowerPoint with embedded video, or 2 DVDs + nonvideo PowerPoint; Leader's Guide; Parent's Guide; Parent's Workbook; sample parent certificate; 2 posters; key points magnet; and downloadable flyer and measurement tools. Also available in English (see p. 4).

- #2220 **Program Kit with video on DVDs**..... \$499.00
- #2221 **Program Kit with video on PowerPoint**..... \$499.00



**PATERNIDAD ACTIVA DE ADOLESCENTES** - for parents of teens and preteens  
 by Michael H. Popkin, Ph.D.

This video-based program is easy to lead and includes the essential Active Parenting model, plus discussions about technology, the latest in teen drug use (including prescription drugs), teen bullying, and special attention to stepfamilies. It has a flexible structure allowing for shorter classes and a new focus on risk-prevention strategies. Video dubbed by professional actors in Mexico. Designed for 2-6 two-hour sessions. Program Kit contains 2 DVDs, Leader's Guide in English, Parent's Guide, sample parent certificate, 2 posters, and research tools. Also available in English (see p. 4).

- #4510D **Paternidad Activa de Adolescentes Program Kit** ..... \$399.00



**PADRES COOPERANDO EN MEDIO DE UN DIVORCIO** - for divorcing parents  
 by Susan Boyan, M.Ed., L.M.F.T., and Ann Marie Termini, Ed.S., L.P.C.

This video-based program helps divorcing parents shield their children from parental conflict. Parents learn to guide their children through the process of recovery while establishing a positive, long-term relationship with the child's other parent. Video dubbed by professional actors in Mexico. Designed for eight two-hour sessions. Program Kit contains 1 DVD, Leader's Guide in English, Parent's Guide, parent certificate, promotional materials and forms. Also available in English (see p. 5).

- #3420D **Padres Cooperando en Medio de un Divorcio Program Kit**. . . . . \$349.00



# SPANISH - Books

## *PATERNIDAD ACTIVA: LOS PRIMEROS CINCO AÑOS PARENT'S GUIDE*

by Michael H. Popkin, PhD. Contributing authors: Amanda Sheffield Morris, PhD, IMH-E®; Ruth Slocum, LCSW, IMH-E®; and Laura Hubbs-Tait, PhD.

This book in Spanish provides vital information for parents of children from birth to age 5. Covers ways to discipline a young child without violence; how to prevent tantrums; preparing a young child for school success; and more. (144 pp.)

#2233..... \$14.95

## *PATERNIDAD ACTIVA 4A EDICIÓN PARENT'S GUIDES*

by Michael H. Popkin, Ph.D.

Provides parents of kids ages 5-12 with the skills they need to develop cooperation, responsibility and good character in their children. (231 pp.)

#2223..... \$14.95

## *PATERNIDAD ACTIVA 4A EDICIÓN PARENT'S WORKBOOKS*

by Michael H. Popkin, Ph.D.

The workbook provides worksheets, activity pages for home, and a copy of the program's PowerPoint slides for parents to take notes. (76 pp.)

#2224..... \$12.95

## *PATERNIDAD ACTIVA DE ADOLESCENTES PARENT'S GUIDES*

by Michael H. Popkin, Ph.D.

The book for parents of preteens and teens explores how to use effective discipline, teach responsibility, and communicate openly. Also discusses sensitive issues parents of adolescents face such as drugs, sexuality, and bullying. (182 pp.)

#4513..... \$14.95

## *PADRES COOPERANDO EN MEDIO DE UN DIVORCIO PARENT'S GUIDES*

by Susan Boyan, M.Ed., LMFT, and Ann Marie Termini, Ed.S., LPC

This book provides vital information to help separating parents make the transition to a positive new relationship as co-parents. Covers loyalty conflicts, peaceful negotiations, communication, and more. (104 pp.)

#3423..... \$13.95

## *TEMAS-PARA-COMPARTIR: 52 temas para padres listos para fotocopiar y compartir*

by Barbara Kuczen, Ph.D., and Carly Kuczen, M.A.

These 52 reproducible flyers are for teachers and parent educators to “pass along” to parents and other care-givers. Each two-sided flyer describes a typical childhood challenge—aggressive behavior, bed-wetting, stuttering and television, to name a few—explains some factors influencing the problem, offers a list of suggestions and then encourages the reader to come up with a Family Action Plan. Provided on CD for easy printing. (110 pp.)

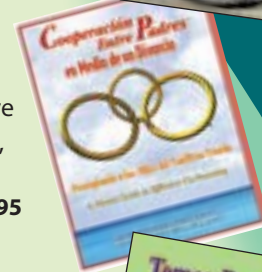
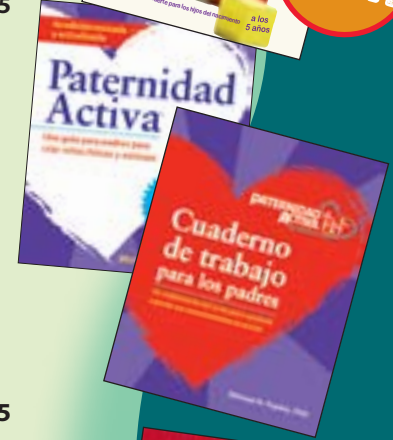
#1850SP..... \$39.95

## *PARTICIPACIÓN PATERNA BOOKLETS*

by Michael H. Popkin, Ph.D.

These illustrated booklets, are packed with tips and exercises to help parents empower their children at home and in school. Includes the best from *Active Parenting's* encouragement skills and *Parents on Board's* parent-involvement tips. (28 pp.)

#1516..... \$2.00



www.ActiveParenting.com

# CHRISTIAN PARENTING PROGRAMS

## Raise children of joy, character, and a living faith with Christian Active Parenting

*Christian Active Parenting (CAP)* combines the wisdom of the Bible with Active Parenting's evidence-based approach to give parents the strength and skills they need to raise upstanding children. Use CAP to guide anxious parents, to bring families closer to God, and to build a more vibrant faith community. For parents of children ages 5 to 12.

### CHRISTIAN ACTIVE PARENTING Video Library

by Michael H. Popkin, Ph.D., Melody F. Popkin, and Sue Allen, M.A.

There are six videos in the series, each 21-46 minutes long:

- #1981D Video 1: The Active Parent..... \$79.95
- #1982D Video 2: Cooperation & Communication ..... \$79.95
- #1983D Video 3: Responsibility & Discipline ..... \$79.95
- #1984D Video 4: Building Courage & Self-Esteem..... \$79.95
- #1985D Video 5: Understanding and Redirecting Misbehavior..... \$79.95
- #1986D Video 6: Active Parenting for Unity and School Success..... \$79.95
- #1980D Christian Active Parenting Video Library Set of 6 .....\$399.00**



### CHRISTIAN ACTIVE PARENTING Program Kit

by Michael H. Popkin, Ph.D., Melody F. Popkin, and Sue Allen, M.A.

*Christian Active Parenting* uses scripture to explore the essential Active Parenting model: encouragement, communication, and non-violent discipline. With this edition, we've added topics that worry today's parents most, including bullying, the role of Christianity in children's lives, and drug prevention. DVDs are closed-captioned. Designed for 1, 3, 4, or 6 two-hour sessions. Program Kit contains 197 minutes of video on 1 PowerPoint with embedded video, or 2 DVDs + nonvideo PowerPoint; Leader's Guide; Parent's Guide; Parent's Workbook; sample parent certificate; 2 posters, key points magnet; and downloadable flyer.

- #1990 Program Kit with video on DVDs ..... \$499.00**
- #1991 Program Kit with video on PowerPoint ..... \$499.00**



### CHRISTIAN ACTIVE PARENTING PARENT'S GUIDE

by Michael H. Popkin, Ph.D., Melody F. Popkin, and Sue Allen, M.A.

This book provides vital information for parents of children ages 5 to 12. Dr. Michael Popkin—founder and president of Active Parenting Publishers and one of the nation's foremost experts on parent education—joins forces with a Christian educator and a Christian mom to explain positive discipline and communication techniques that can make a real difference in family life. *Christian Active Parenting* combines the wisdom of the Bible with the time-tested Active Parenting approach to give parents the strength and skills needed to raise children of joy, character, and a living faith. (256 pp.)

- #1993 ..... \$14.95**



### CHRISTIAN ACTIVE PARENTING PARENT'S WORKBOOK

by Michael H. Popkin, Ph.D., Melody F. Popkin, and Sue Allen, M.A.

The workbook provides another way for parents to absorb the information covered in a *Christian Active Parenting* group. The book will give them worksheets, activity pages for home, and a copy of the PowerPoint slides to take notes. (80 pp.)

- #1994 ..... \$12.95**

