

REVIEW / SESSION 1. The Active Parent

THE PURPOSE OF PARENTING

To PROTECT and PREPARE our children with God's loving grace to SURVIVE and THRIVE as Christians in the society in which they live, following the example of Jesus Christ through the power of the Holy Spirit.

WHAT YOUR CHILD NEEDS FROM YOU

- Help building skills
- Help building character
- Discipline, support, & lots of love

EVERY DAY A LITTLE PLAY!

Self Care & Quiet Time with God are not selfish!

6 ESSENTIAL QUALITIES OF CHARACTER

Respect • Responsibility Cooperation • Courage Self-Esteem • Faith



BALLAST

That which gives stability to character

STYLES OF PARENTING

The Dictator



Limits without freedom

The Doormat



Freedom without limits

YOUR CHILD'S BRAIN

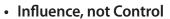
The brain's higher functions aren't fully developed until age 25.

- Sound decision-making
- Regulating emotions
- Considering consequences
- Self-awareness
- **Empathy**
- Morality

CHILDREN'S BRAINS AREN'T "DONE" YET!

(This helps explain why children act like such... children.)

The Active Parent





Mutual Respect



Freedom within limits







Freedom within EXPANDING limits

Supplement this video with the *Christian Active Parenting* **Parent's Guide** and **Parent's Workbook** for in-depth explanation of Christian Active Parenting skills and guided practice to help you put them into action.

