

Active Parenting: First Five Years SURVEY

About You

This information is requested for statistical and demographic purposes only. On your answer sheet, please circle the answer that best describes you for each question.

1. Are you: **A** Male
 B Female

2. Please tell us your age group:
 A 15-20
 B 21-30
 C 31-40
 D 41-50
 E 50+

3. Please tell us your ethnicity:
 A African-American
 B Caucasian
 C Hispanic/Latin American
 D Asian/Pacific Islander
 E Other

4. Please tell us your marital status:
 A Never married
 B Married
 C Divorced
 D Widowed
 E Live with a partner

5. Please tell us about your family makeup:
 A Intact family (both biological parents in the home)
 B Blended family (biological parent and step-parent)
 C Single parent family
 D Foster parent(s)
 E I am an incarcerated parent (in a correctional facility)

6. Is a spouse or partner attending this group with you?
 A Yes
 B No

7. How many children live in your household under the age of 13?
 A One
 B Two
 C Three
 D Four or more
 E No children under the age of 13 live with me in my household

8. How many children live in your household between the ages of 13 and 18?
 A One
 B Two
 C Three
 D Four or more
 E No children age 13 to 18 live with me in my household

9. Please tell us your highest degree of education:
 A Some High School
 B High School Diploma
 C Some College
 D Undergraduate Degree
 E Graduate Degree

10. Please tell us your total household yearly income (optional):
 A Under \$20,000
 B \$20,000 to \$40,000
 C \$41,000 to \$60,000
 D \$61,000 to \$80,000
 E over \$100,000

Active Parenting: First Five Years SURVEY (cont'd)

Parent Survey Questions

Please read each statement below. Using the scale below, circle the letter on your answer sheet that corresponds with how you feel about the statement. As you think about each statement, please do not try to look for a “right” answer—we want to know what you think.

A	B	C	D	E
Strongly Disagree				Strongly Agree

11. Parents should play or do something fun with their children every day.
12. Parents should teach young children to do things for themselves.
13. Saying "I love you" to children is not necessary if parents show their love through their actions.
14. Children need encouragement as much as they need discipline.
15. Good parents don't have time to relax.
16. Parents should say “please” to children when asking them to do something.
17. Sometimes yelling at children is the only way to get them to do what you want.
18. Children need discipline that hurts a little so that they will remember the lesson later.
19. Offering children rewards such as sweets or toys is a good way to get them to do what the parent wants.
20. Most kids learn what is expected of them well enough on their own.
21. Most homes these days are safe enough for young children without having to do anything special.
22. It confuses young children to give them choices, so just tell them clearly what you want.
23. Children should be allowed to go to bed when they want to.
24. When a child has a tantrum, give her a spank on the bottom and tell her to calm down.
25. Children age four and under are too young to do many things for themselves.

The next set of questions is about your child. Select the child that you are the most concerned about. Then, using the scale below, circle the letter on your answer sheet that best describes how often your child does each behavior.

A	B	C	D	E
Almost never	Sometimes	Not sure	Often	Almost always

26. My child demands too much attention from me.
27. My child follows my directions.
28. My child becomes upset if he/she makes a mistake.
29. My child likes doing things for him/herself.
30. My child bosses others.
31. My child expresses affection toward me.
32. My child cooperates with me.
33. My child is willing to try new things.
34. My child plays well with others.
35. My child gets hurt.
36. My child enjoys spending time with me.
37. My child goes to bed without problems.
38. My child hits others.
39. My child bites others.
40. My child has tantrums.

Please continue to the next page.

Active Parenting: First Five Years SURVEY (cont'd)

The next questions are about you. Please read each statement and, using the scales below, circle the letter on your answer sheet that best describes how often you do this action.

A	B	C	D	E
Rarely	About once a month	About once a week	A few times a week	Every day

41. I take time out to play or do something fun with my child.
 42. I give my child a choice.
 43. I say "I love you" to my child.
 44. I encourage my child in a sincere and specific way.
 45. I take a "time out" to relax and clear my mind (for example: take a hot bath, read, talk to a friend, take a walk).
 46. I read to my child.
 47. I yell at my child.
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A	B	C	D	E
Almost Never	Rarely	Sometimes	Often	Almost Always

48. I say "please" to my child when I asked her to do something.
49. I help my child solve her problems without taking over.
50. I give in to my child's demands to avoid a fight or to keep him happy.
51. I give my full attention to my child.
52. I use a logical consequence when he does something wrong.
53. I offer my child rewards such as sweets or toys to get her to do what I want.
54. I acknowledge my child's feelings before I correct his misbehavior.
55. I give my child alternatives when she misbehaves.

End of Survey