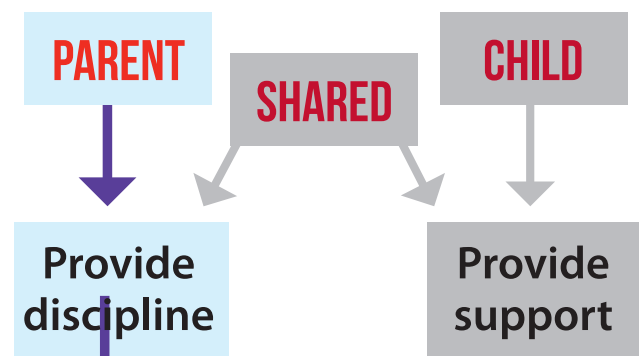


$$R = C + C$$

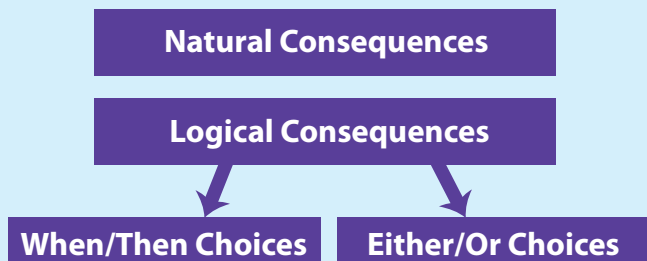
## WHO OWNS THE PROBLEM?



### BASIC DISCIPLINE METHODS



### ADVANCED DISCIPLINE METHODS



## RESPONSIBILITY *means...*

1. Accepting your obligations
2. Doing the right thing as the situation calls for it
3. Accepting accountability for your actions

**DISCIPLINE ≠ PUNISHMENT**  
**DISCIPLINE = TO LEARN**

**PUNISHMENT  
& REWARDS  
OFTEN  
BACKFIRE**

### LOGICAL CONSEQUENCES:

Discipline, provided by a parent or other authority, that is logically connected to misbehavior, to teach a child to behave within the limits of a situation

### NATURAL CONSEQUENCES:

The results that occur from a child's behavior without any interference from another person

### Guidelines for PROBLEM-PREVENTION TALKS

1. Identify potential problems and risks.
2. Share thoughts and feelings.
3. Generate guidelines for behavior.
4. Decide on logical consequences for violating guidelines (if necessary).
5. Follow up later.

**"CATCH 'EM BEING GOOD"**

and use **POSITIVE "I" MESSAGES** to encourage more good behavior.

Supplement this video with the *Active Parenting (4th Edition) Parent's Guide* and *Parent's Workbook* for in-depth explanation of Active Parenting skills and guided practice to help you put them into action.