NOW STREAMING!

OUR EVIDENCE-BASED, VIDEO-EMBEDDED POWERPOINT PROGRAMS!

SAVE $200 when you order a Streaming Program Kit by June 30, 2024 (see p. 3 for details)

CROSSROADS OF COPARENTING COMING SOON!
Our newly revised 5-step seminar based on the same coparenting concepts that has made the eight-session CoCo so effective! See page 22 for details.

RESOURCE GUIDE 2024

TABLE OF CONTENTS:
- Early Childhood ..................... 6-9
- Ages 5 to 12 .......................... 10-13, 24
- Preteens & Teens .................... 14-19
- Coparenting ......................... 20-22
- Stepparenting ....................... 23
- Spanish Resources ................... 9, 13, 17
- Training ............................. 26-29

See page 22 for details.
In the FIELD of Parenting Education, We’re Leading the Way. Now STREAMING!

Growing up at my family’s summer camp, I experienced the joy of whitewater canoeing and the thrill of “shooting the rapids.” Later, as a family with our two children, we expanded into rafting and introduced many of our APP leaders to that exhilarating bonding activity each summer before our annual Training of Trainers. I also developed a love for hiking the trails that often accompanied the streams that babbled like a toddler learning to speak through the hills and dales of wherever I traveled.

Our focus at Active Parenting is on a different type of streaming. We have been leading the way in the field of parenting education since 1983 when we developed the first Active Parenting Video-Discussion Program. We recognized the potential of the internet in 2000 and introduced the first online course for parents. More recently, when Covid 19 hit we were able to pivot to online platforms like Zoom to enable parent educators to teach APP programs virtually.

We are excited to announce that many of our programs are now available in streaming format! You can use them in whichever way allows you to best reach and teach parents in your area: in-person courses, virtual courses, or hybrid. This will enable you to do what you do best even better, and that’s good news for the families you serve.

So, as always, here’s to your success and the success of the many parents you will reach… and teach.

Michael H. Popkin, Ph.D.
Founder and President

ABOUT Active Parenting Publishers

Active Parenting Publishers offers a 100% guarantee. If you’re not completely satisfied just return the materials in resellable condition within 30-days for a credit or complete refund. You pay only the return shipping charges. Please return materials by a trackable method—UPS, FedEx, USPS. Questions? Please contact Customer Service at 800-825-0060 ext 2 or cservice@activeparenting.com. Prices subject to change.

HOW TO ORDER

Online: www.ActiveParenting.com
Email: cservice@activeparenting.com
Phone: 800-825-0060 • Fax: 770-429-0334

LANGUAGE OPTIONS

Our leading programs are available in Spanish as well as English. If you need captioned videos, go to our website and do a search for the keyword “captions.”

EVIDENCE

Our parent education curriculums are grounded in research. For more information, call or visit our website.

SPECIAL INTRODUCTORY OFFER!

NOW STREAMING!

No need to keep track of DVDs or flash drives! Simply log in to your subscription and stream our video-embedded PowerPoint (PPV-S) anytime and anywhere you have internet access!

How does streaming work?

Our Streaming services now allows you to teach a full Active Parenting program online—just like an in-person class, only via an approved streaming platform (ex. Zoom, WebEx, GoToMeeting, Microsoft Teams). Using the PowerPoint Presentation with embedded Video provides you with a better way to teach a comprehensive course.

See ActiveParenting.com/Streaming for more info on all of our Streaming programs.

Crossroads 2nd Edition

Our newly revised four-hour seminar, Crossroads of Coparenting, is coming soon! This widely anticipated 2nd edition short course is based on the same videos, skills, and concepts that have made the eight-session COCO Program a star in the coparenting world! Crossroads 2nd Edition is everything you need in a four-hour course for coparents. Its length is perfect for court requirements and other situations where you need something short and effective to help keep children safe during and after the trauma of a family break-up.

See pp. 22 for more info.

$200 OFF!

any Streaming Program Kit (pp. 6-24) expires 6/30/24
use Promo Code: CAT24A001

Follow Us On Social Media
Active Parenting

First Five Years

AGES 0-5

Addresses basic skills for parenting babies and young children, including non-violent discipline and school readiness. Perfect for new parents and early childhood staff training.

Pages 6-9

Active Parenting

4th Edition

AGES 5-12

Helps parents raise responsible children who are able to resist negative peer pressure. Demonstrates non-violent discipline and effective communication skills.

Pages 10-13

Active Parenting of Teens

3rd Edition

AGES 12-16

The essential Active Parenting model, plus discussions about technology, the latest in teen drug use prevention, teen bullying, and special attention to stepfamilies. It has a flexible structure allowing for shorter classes.

Pages 14-17

Active Parenting

Teens In Action

AGES 12-16

Gives parents and teens tools for the teen years: communication, mutual respect, conflict resolution, and more. Plus powerful information about preventing problems with drugs, alcohol, sex, and violence.

Pages 19

Active Parenting

Families in Action

AGES 11-16

Combines the wisdom of the Bible with our evidence-based approach to give parents the strength and skills they need to raise upstanding children.

Page 24

Leader Training Workshops

The Leader Training Workshop deepens your facilitation skills by showing you how to make your Active Parenting classes informative, entertaining, and effective. Train online or in person.

Page 26-29

NEW PROGRAM!

Cooperative Coparenting

AGES 11-16

This newly revised program helps separating parents shield their children from parental conflict while establishing a positive and cooperative relationship as coparents. Teaches skills needed to manage anger, increase impulse control, resolve conflict, and communicate effectively.

Pages 20-21

NEWLY REVISED!

Crossroads of Coparenting

AGES 11-16

A 4- to 6-hour seminar that meets the requirements of many courts for divorcing parents. Helps parents stay child-focused instead of letting the conflict of divorce harm their children.

Page 22

Spanish Version

LEADER TRAINING WORKSHOPS

Offers important prevention and communication skills that teens and ‘tweens will use at school, at home, and in life. Features high-energy games, entertaining video, and get-real discussion.

Page 18

Spanish Version

FORMATS

Webinars
Online Self-Study
Live Private Workshops
Train the Trainer

Spanish Version

WWW.ACTIVEPARENTING.COM • See our website for more details
This ready-to-teach program kit provides essential parenting tools for parents and caregivers of children birth to age 5. The program is easy to lead and flexible. Your classes can be taught in 1, 3, or 4 sessions lasting 1-2 hours each. It’s up to you!

Each program kit includes:
- A step-by-step Leader’s Guide that tells you when to play the video, when to stop for discussion, and how to run activities.
- 63 minutes of video of diverse families demonstrating key concepts. The video is embedded in a PowerPoint presentation (111 slides) available on Flash Drive or Streaming. The Streaming Kit includes Virtual Teaching Rights for one year, renewable for $399/year (includes 10 Parent Guides). The Flash Drive kit does not include Virtual Teaching Rights—please call for more information.

Visit ActiveParenting.com/Streaming for more info on our Streaming Service
- One Parent’s Guide. Each parent will need one during each class.
- A Key Points Magnet serves as a reminder of the key concepts.
- Course Announcement Posters to promote your class.
- Downloadable and customizable Parent Completion Certificate.
- Downloadable Research Measurement tools to measure effectiveness that may help to obtain funding.

The program kit’s flexible format makes it possible for you to offer:

A
- A comprehensive, 4-session course offering an in-depth exploration of the concepts and additional topics

B
- A 3-session class for core Active Parenting skills

C
- A 1-session unit on parent engagement skills to build school success

Evidence-Based
Active Parenting programs contain evidence showing positive changes in both parents and children. See our website for all evidence and measurement tools for this program, including:
- Results from the recent field study published in Child & Youth Care Forum
- Listing in the Penn State Clearinghouse of Military Family Readiness
- Listing in California Evidence-Based Clearinghouse for Child Welfare CEBC
- Results from the recent field study published in Child Welfare Education
- Free survey tools for your own parenting classes

Check our website for details, including sample video scenes: www.ActiveParenting.com/FFY

Leader Training
See pages 26-29 for details and dates.

Praise for First Five Years

FINALIST 2017 REVERE Awards (Association of American Publishers)

"A must-have program that every parent who wants to ensure a successful start to their child’s early developmental years and an enjoyable, informed and confident parenting experience at the same time!"
Joan R. • Certified Life and Parent Coach, NJ

"This program is the ‘instruction manual’ that every parent needs. Amazing insight into the mind and what is needed for parents of children in the first five years. A MUST for all teen parents!"
Sue L. • Ouachita Children’s Center, AR
NEW STREAMING!

Standard Program Kit
63 minutes of video-embedded PowerPoint (111 slides) on Flash Drive or Streaming (1 year subscription), 1 Leader’s Guide, 1 Parent’s Guide, 1 Key Points Magnet, 2 Course Announcement Posters, Research Measurement Tools (download), 1 Reproducible Parent Completion Certificate (download).

1681 Flash Drive ................ $499.00
1688S Streaming (1 year) $499 $299.00

Call to add Streaming Service to your flash drive kit or for questions about renewals.

Intro Offer: SAVE $200 on Streaming Kits when you order by June 30, 2024!

Best Value!

POWERSO FT WITH VIDEO on FLASH DRIVE or STREAMING
(Streaming includes Virtual Teaching Rights)

Ready-to-Teach!

Jump-Start Package
Contains 1 Standard Program Kit (Above), PLUS 15 Parent’s Guides, 15 Key Points Magnets, 6-month subscription to the Online Video Library.

1688P Flash Drive ............... $699.00
1688JS Streaming (1 year) $699 $499.00

Find out about Online Parenting Classes: ActiveParenting.com/Online-Parenting-Classes

Price Guide

CLASS SUPPLIES

Key Points Magnets (pkg/5)
7148 ......................... $7.50

Additional Resources

Online Video Library add-on
The Video Library is a great way to share all of the video (without slides) with parents to reinforce lessons. Each video is 14-24 minutes long and comes with downloadable discussion guidelines and Parent’s Tips Sheets. Can be used in your resource room, for home visits, and at parent meetings. Must own kit to add this service and should not be used as a class.

1690LC Annual Subscription ... $249.00

PowerPoint with Video on Flash Drive or Streaming
(Streaming includes Virtual Teaching Rights)

Contact us for more information.

Check our webpage for details including sample video scenes: www.activeparenting.com/FFYS.

Measurement tools for your classes
Active Parenting programs have evidence showing positive changes in both parents and children. See our website for all evidence and measurement tools (in Spanish) for this program.

DEL NACIMIENTO A 5 AÑOS

Parenting education for the early years—in español
Help Spanish-speaking parents make the most of the early years with Paternidad Activa: Los primeros cinco años, the Spanish edition of our popular Active Parenting: First Five Years program (page 6). All materials are in Spanish. Video is dubbed.

Flexible and Ready-to-Teach!
This valuable program has video-embedded in a PowerPoint presentation available on Flash Drive or Streaming to suit your setting. The Streaming Kit includes Virtual Teaching Rights for one year, renewable for $399/year (includes 10 Parent Guides). The Flash Drive kit does not include Virtual Teaching Rights—please call for more information.
This ready-to-teach program kit provides essential parenting tools for parents and caregivers of children ages 5-12. The program is easy to lead and flexible. Your classes can be taught in 1, 3, 4, or 6 sessions lasting 1-2 hours each. It’s up to you!

Each program kit includes:
- A step-by-step Leader’s Guide that tells you when to play the video, when to stop for discussion, and how to run activities.
- 170 minutes of video of diverse families demonstrating key concepts. The video is embedded in a PowerPoint presentation (88 slides) available on Flash Drive or Streaming. The Streaming Kit includes Virtual Teaching Rights for one year, renewable for $399/year (includes 10 Parent Guides/Workbooks). The Flash Drive kit does not include Virtual Teaching Rights—please call for more information.

Visit ActiveParenting.com/Streaming for more info on our Streaming Service

- One Parent’s Guide. Each parent will need one during each class.
- The essential Workbook to help parents absorb the lessons.
- A Key Points Magnet serves as a reminder of the key concepts.
- Course Announcement Posters to promote your class.
- Downloadable and customizable Parent Completion Certificate.
- Downloadable Research Measurement tools to measure effectiveness that may help to obtain funding.

Help parents Experience the joy of parenting in the middle years

Active Parenting programs have published evidence showing positive changes in both parents and children. See our website for all evidence and tools for this program, including:
- Research papers
- Listing in the Penn State Clearinghouse of Military Family Readiness
- Listing in California Evidence-based Clearinghouse for Child Welfare (CEBC)
- NREPP review
- Free survey tools for your parenting classes

Leader Training
See pages 26-29 for details and dates.
**CLASS SUPPLIES**

**Standard Program Kit**
- 1961 Flash Drive ................. $599.00
- 1969S Streaming (1 year) $599.00

**Additional Resources**
- Key Points Magnets (pkg/5) 7148. ................................. $7.50
- 1964 Workbook only .......... $14.95 ea.

**Online Video Library add-on**
The Video Library is a great way to share all of the video (without slides) with parents to reinforce lessons. Each video is 24-25 minutes long and comes with downloadable discussion guidelines and Parent’s Tips Sheets. Can be used in your resource room, for home visits, and at parent meetings. Must own kit to add this service and should not be used as a class.
- 1970LC Annual Subscription . . . . . . . . . . . . . . . $298.00

**Best Value!**

**Jump-Start Package**
Contains 1 Standard Program Kit (▲Above), PLUS 15 Parent’s Guides, 15 Parent’s Workbooks, 15 Key Points Magnets, 6-month subscription to the Online Video Library.
- 1969P Flash Drive ................. $899.00
- 1969JS Streaming (1 year) $899.00

Call to add Streaming Service to your flash drive kit or for questions about renewals.

**Intro Offer: SAVE $200 on Streaming Kits when you order by June 30, 2024!**

**Best Value!**

**Online Video Library add-on**
The Video Library is a great way to share all of the video (without slides) with parents to reinforce lessons. Each video is 24-25 minutes long and comes with downloadable discussion guidelines and Parent’s Tips Sheets. Can be used in your resource room, for home visits, and at parent meetings. Must own kit to add this service and should not be used as a class.
- 1970LC Annual Subscription . . . . . . . . . . . . . . . $298.00

**Ready-to-Teach!**
- Jump-Start Package
- Contains 1 Standard Program Kit (▲Above), PLUS 15 Parent’s Guides, 15 Parent’s Workbooks, 15 Key Points Magnets, 6-month subscription to the Online Video Library.
- 2225 Parent’s Guide/Workbook Combo (Books are also sold separately; see our website) Quantity discounts:
  - 1-24 ........................................ $22.95 ea.
  - 25-99 ...................................... $21.95 ea.
  - 100+ ....................................... $20.95 ea.
- Key Points Magnets (pkg/5) 7154. ........................................ $7.50
- 2229P Flash Drive ................. $899.00
- 2229S Streaming (1 year) $899.00

**Intro Offer: SAVE $200 on Streaming Kits when you order by June 30, 2024!**

**Best Value!**

**Online Video Library add-on**
The Video Library is a great way to share all of the video (without slides) with parents to reinforce lessons. Each video is 24-25 minutes long and comes with downloadable discussion guidelines and Parent’s Tips Sheets. Can be used in your resource room, for home visits, and at parent meetings. Must own kit to add this service and should not be used as a class.
- 1290LC Annual subscription . . . . . . . . . . . . . . . $298.00

**POWERPOINT WITH VIDEO on FLASH DRIVE or STREAMING**
(Streaming includes Virtual Teaching Rights)
- 2221 Flash Drive ................. $599.00
- 2229S Streaming (1 year) $399.00

**Flexible and Ready-to-Teach!**
This valuable program has video-embedded in a PowerPoint presentation available on Flash Drive or Streaming to suit your setting. The Streaming Kit includes Virtual Teaching Rights for one year, renewable for $399/year (includes 10 Parent Guides). The Flash Drive kit does not include Virtual Teaching Rights—please call for more information.

**Measurement tools for your classes**
Active Parenting programs have evidence showing positive changes in both parents and their children. See our website for all evidence and measurement tools (in Spanish) for this program.

**Check our website for details, including sample video scenes:**
Preteens & Teens

See our website for more details • WWW.ACTIVEPARENTING.COM

This ready-to-teach program kit provides essential parenting tools for parents and caregivers of children ages 12-18. The program is easy to lead and flexible. Your classes can be taught in 2, 3, 4, or 6 sessions lasting 1-2 hours each. It’s up to you!

Each program kit includes:
• A step-by-step Leader’s Guide that tells you when to play the video, when to stop for discussion, and how to run activities.
• 150 minutes of video of diverse families demonstrating key concepts. The video is embedded in a PowerPoint presentation (99 slides) available on Flash Drive or Streaming. The Streaming Kit includes Virtual Teaching Rights for one year, renewable for $399/year (includes 10 Parent Guides). The Flash Drive kit does not include Virtual Teaching Rights—please call for more information.

This program kit’s flexible format makes it possible for you to offer:
A) a comprehensive 6-session course
B) a 2-part class (3 sessions each)
C) a 4-session class for basics + skills practice
D) a 3-session class for basic skills
E) a 2-session unit on drug prevention

Flexible program in English and Spanish!
Choose the format that fits your setting. See our website for complete details, including sample pages and video: www.ActiveParenting.com/Teens

EVIDENCE-BASED
Active Parenting programs have evidence showing positive changes in both parents and children. See our website for all evidence and tools for this program, including:
• Published research articles
• Listing in California Evidence-based Clearinghouse for Child Welfare (CEBC)
• NREPP review
• Listing in the Penn State Clearinghouse of Military Family Readiness
• Free survey tools for your own parenting classes

Help for the home stretch
Facing the teen years, many parents find themselves with new questions. Use Active Parenting of Teens to give them the confidence to meet the challenges—and savor the joys—of adolescence.

Offers the skills they need for the teen years
Written by parenting expert Dr. Michael Popkin, Active Parenting of Teens explains what’s going on in a teen’s head. Parents will learn how to open up communication, encourage cooperation and responsibility, and discipline effectively. And, crucially, they will learn 10 strategies for preventing problems relating to drugs, alcohol, bullying, and teen sexuality. See our website for complete details about this valuable program.

Praise for Active Parenting of Teens

“Implementing the techniques of your Active Parenting of Teens program saved both of us. I had the skills to deal with parenting a teen and we had a good foundation for mutual success.”

Theresa B. • Parent
California

Leader Training
See pages 26-29 for details and dates.

Visit ActiveParenting.com/Streaming for more info on our Streaming Service

Session I
The Active Parent
• Control vs. influence
• Mutual respect
• Method of choice

Session II
Winning Cooperation
• Who owns the problem?
• Active communication with teens

Session III
Responsibility and Discipline
• Logical consequences and more
• Problem-solving with FLAC

Session IV
Building Courage, Redirecting Misbehavior
• The Think-Feel-Do Cycle
• Five goals of teen behavior
• Eliminating power struggles

Session V & VI
Drugs, Sexuality, and Violence
• Risk-prevention strategies

Check our website for details, including sample video scenes: www.ActiveParenting.com/Teens

EVEN MORE AVAILABLE
• Winner of Gold Empixx Awards
• Also available in Spanish (see page 17)

Preteens & Teens

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Preteens & Teens

See our website for more details • WWW.ACTIVEPARENTING.COM

Flexible program in English and Spanish!
Choose the format that fits your setting. See our website for complete details, including sample pages and video: www.ActiveParenting.com/Teens

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• Listing in California Evidence-based Clearinghouse for Child Welfare (CEBC)
• NREPP review
• Listing in the Penn State Clearinghouse of Military Family Readiness
• Free survey tools for your own parenting classes

Help for the home stretch
Facing the teen years, many parents find themselves with new questions. Use Active Parenting of Teens to give them the confidence to meet the challenges—and savor the joys—of adolescence.

Offers the skills they need for the teen years
Written by parenting expert Dr. Michael Popkin, Active Parenting of Teens explains what’s going on in a teen’s head. Parents will learn how to open up communication, encourage cooperation and responsibility, and discipline effectively. And, crucially, they will learn 10 strategies for preventing problems relating to drugs, alcohol, bullying, and teen sexuality. See our website for complete details about this valuable program.

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Theresa B. • Parent
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EVEN MORE AVAILABLE
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Preteens & Teens

NEW STREAMING!

Intro Offer: SAVE $200 on Streaming Kits when you order by June 30, 2024!

Standard Program Kit
Contains 150 minutes of video-embedded PowerPoint (99 slides) on Flash Drive or Streaming (1 year subscription), 1 Leader’s Guide, 1 Parent’s Guide, 1 Reproducible Certificate of Completion (download), 2 Course Announcement Posters, Research Measurement Tools (download)
4500P Flash Drive .................. $499.00
4505S Streaming (1 year) ....... $499 $299.00

CLASS SUPPLIES

Ready-to-Teach!
Jump-Start Package
Contains 1 Standard Program Kit (Above), PLUS 15 Parent’s Guides, 6-month subscription to the Teens Online Video Library
4509P Flash Drive .................. $699.00
4509JS Streaming (1 year) ...... $699 $499.00

Parent’s Guide
Parent’s Guides are necessary to maintain the integrity of the program and serve as an invaluable resource for parents after the class is over. They reinforce the skills presented in class and support parents as they put those skills into action at home.
4503 Parent’s Guides
Quantity discounts:
1-24 .................................. $16.95 ea.
25-99 .................................. $15.95 ea.
100+ .................................. $14.95 ea.

Additional Resources
Online Video Library add-on
The Video Library is a great way to share all of the video (without slides) with parents to reinforce lessons. Each video is 24-34 minutes long and comes with downloadable discussion guidelines and Parent’s Tips Sheets. Can be used in your resource room, for home visits, and at parent meetings. Must own kit to add this service and should not be used as a class.
4520LC Annual Subscription .... $298.00

Online Video Library add-on
4516JS Streaming (1 year) ...... $499 $499.00

PATERNIDAD ACTIVA DE ADOLESCENTES:

Tercera Edición

by Michael H. Popkin, Ph.D.

PARA LOS EDADAS DE 12-16

Parenting education for the adolescent years—en español
The Spanish edition of the Active Parenting of Teens program (page 14) features video dubbed in Mexico and parent materials in Spanish. (Leader’s Guide is in English.)

Available in multiple formats
Paternidad Activa de Adolescentes is available in 3 easy-to-use formats to help you reach parents in multiple settings, including a parenting class, a video series, and a Virtual Classroom Package. For complete details about this program, including a session outline, go to www.activeparenting.com/PADAT.

Ready-to-Teach!
Jump-Start Package
Contains 1 Standard Program Kit (Above), PLUS 15 Parent’s Guides, and 6-month subscription to the Paternidad Online Video Library
4516P Flash Drive .................. $699.00
4516JS Streaming (1 year) ...... $699 $499.00

Measurement tools for your classes
Active Parenting programs have evidence showing positive changes in both parents and their children. See our website for all evidence and measurement tools (in Spanish) for this program.

Call to add Streaming Service to your flash drive kit or for questions about renewals.

Find out about Online Parenting Classes: ActiveParenting.com/Online-Parenting-Classes

CLASS SUPPLIES

PRICE GUIDE NEW STREAMING!

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4509P Flash Drive .................. $499.00
4509JS Streaming (1 year) ...... $499 $299.00

Call to add Streaming Service to your flash drive kit or for questions about renewals.

Check our webpage for details, including sample video scenes: www.activeparenting.com/PADAT.

PRICE GUIDE NEW STREAMING!

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4516P Flash Drive .................. $699.00
4516JS Streaming (1 year) ...... $699 $499.00

Online Video Library add-on
The Video Library is a great way to share all of the video (without slides) with parents to reinforce lessons (should not be used as a class). Must own kit to add this service.
1280LC Annual subscription .... $298.00

Introduce parents to the Teens Online Video Library add-on
The Teens Online Video Library is a great way to share all of the video (without slides) with parents to reinforce lessons. Must own kit to add this service.

50% ...............................  $19.95 ea.
101-249 ...........................  $18.95 ea.
250+ .................................. $17.95 ea.

Preteens & Teens

See our website for more details • WWW.ACTIVEPARENTING.COM

www.ActiveParenting.com/Teens
www.ActiveParenting.com/PADAT  |  800.825.0060  |  Order Now!

Order Now!  |  800.825.0060  |  www.ActiveParenting.com/Teens
**LIFE SKILLS FOR AGES 11-16**

*Teens in Action* is a high-energy, video-based program for young teens. With this program, you will teach important life skills while helping teens understand the dangers of risky behavior, such as alcohol and drug abuse.

**Addresses issues important to today’s teens**

Teens may act like they know it all, but they are full of questions and are eager to learn how to succeed in the adult world. *Teens in Action* is a fun way to help them understand changes in their bodies and brains, communicate in a mature way, develop skills to resist negative peer pressure, and learn techniques for peaceful conflict resolution. See our website for more details.

---

**FOR PARENTS + TEENS**

A unique program bringing parents and teens together—at last

Parents and teens are often at odds, but it doesn’t have to be that way. When they learn together, they will have a common language and skills for a smoother ride.

That’s where *Active Parenting of Teens: Families in Action* comes in. This program gives families valuable tools for the challenging teen years: communication, mutual respect, risk-prevention, and more. See our website for complete details about this comprehensive program.

---

**Leader Training**

See pages 26-29 for details and dates.

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**Leader Training**

See our website for more details • WWW.ACTIVEPARENTING.COM
Shield kids from parental conflict
Cooperative Coparenting through Separation or Divorce (CoCo) helps parents guide their children through the process of recovery from separation or divorce while establishing a positive, long-term relationship with the child’s other parent. This long-awaited revision includes all of the key concepts of the original classic, new topics such as handling financial issues, and all new videos embedded in an engaging PowerPoint presentation, organized in a way that makes it easy to teach—and to learn!

Ideal for court-ordered divorce seminars
Over a stimulating eight sessions of 2-2½ hours each, this course educates parents about the impact of conflict on their child and the issues children face with separation or divorce. It also teaches parents the practical skills they need to manage anger, increase impulse control, resolve conflict, navigate peaceful negotiations, and communicate effectively with their coparent.

Check our website for details, including sample video scenes: www.activeparenting.com/CPD.

“...using the CoCo guide helped me tremendously. I learned how to see my role as a parent and how to pause to step back and adjust, not only my behaviors, but my reactions for the best outcome for my children.”
~ Chris, Coparent, Atlanta, GA

“...This classic guide to successful coparenting is full of nuts-and-bolts ways to create a positive coparenting relationship for the benefit of the children. It is comprehensive and invaluable, for both parents and practitioners.”
~ Siri Gottlieb, JD, LMSW, Ann Arbor, MI

NEWLY REVISED!

“...This is one of the most rewarding programs that I teach. It is a phenomenal privilege to work with parents experiencing great depths of pain and watch them evolve into empathetic individuals who elevate their children's well-being above any disagreements they may have. Parents leave the sessions feeling supported, heard, but most importantly… validated!”
~ Pamela Ingram Wood
Life Coach/Parenting Specialist/Family Mediator

Coparenting
NEW STREAMING!

Intro Offer: SAVE $200 on Streaming Kits when you order by June 30, 2024!

CALL TO ADD STREAMING SERVICE TO YOUR FLASH DRIVE KIT OR FOR QUESTIONS ABOUT RENEWALS.

CLASS SUPPLIES

Parent’s Guide
Parent’s Guides are necessary to maintain the integrity of the program and serve as an invaluable resource for parents after the class is over. They reinforce the skills presented in class and support parents as they put those skills into action at home.

3703  Quantity discounts:
1-24 ........................................... $24.95 ea.
25-99 ........................................... $22.95 ea.
100+ ........................................... $20.95 ea.

Order Now!  I  800.825.0060  I  www.ActiveParenting.com/CPD

Order Now!  I  800.825.0060  I  www.ActiveParenting.com/CPD

NEWLY REVISED!

SHORT COURSE on page 22

WEB PAGE
NEWLY REVISED!

CROSSROADS
OF COPARENTING
A 5-STEP SEMINAR TO SHIELD CHILDREN FROM HARM

by Susan Boyan, M.Ed., LMFT, and
Ann Marie Termini, Ed.S., MS, LPC

COPARENTING SHORT COURSE

4- to 6-hour seminar to help coparents!
Parental conflict during and after a divorce or separation can cause children emotional distress. The *Crossroads of Coparenting* seminar is built around a 5-step prevention model that helps coparents establish a positive, child-focused coparenting relationship.

The *Crossroads* seminar helps coparents:
- Become aware of how their actions may harm their child.
- Learn skills to reduce conflict and establish a long-term, positive coparenting relationship.
- Stay child-focused, even during conflict. …and more.

Crossroads is derived from the evidence-based *Cooperative Coparenting* program (see pages 20-21) and shares scenes from the same video.

How the seminar works
This seminar combines video, activities, skill development, and group discussion. It is designed for a single 4-hour session and can be used with large or small groups. Optional activities extend the program to 6 hours.

PRICE GUIDE NEW STREAMING!

Intro Offer: SAVE $200 on Streaming Kits when you order by June 30, 2024!

**Standard Program Kit**
26 minutes of video-embedded PowerPoint on Flash Drive or Streaming (1 year subscription), 1 Leader’s Guide, 1 sample Parent’s Guide, 1 Reproducible Certificate of Completion (download), Research Measurement Tools (download)

<table>
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<td>3500P Flash Drive</td>
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<tr>
<td>3500S Streaming</td>
<td>$299.00</td>
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**Jump-Start Package**
Contains 1 Standard Program Kit (▲ Above), PLUS 15 Parent’s Guides

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<th>Product Code</th>
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<td>3508P Flash Drive</td>
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<tr>
<td>3500JS Streaming</td>
<td>$499.00</td>
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**3501 Parent’s Guides**
Parent’s Guides are necessary to maintain the integrity of the program and serve as an invaluable resource for parents after the class is over. They reinforce the skills presented in class and support parents as they put those skills into action at home.

Quantity discounts:
- 1-24: $14.95 ea.
- 100+: $12.95 ea.

Visit ActiveParenting.com/Streaming for more info on our Streaming Service
AGES 5-12

Provide much-needed support to parents in blended families

Active Parenting for Stepfamilies is a program for both parents and stepparents. It demonstrates skills for raising children in the unique blended family environment, along with powerful communication and negotiation skills to strengthen marriage and family.

In addition to the core Active Parenting model, the program covers topics that are unique to stepfamilies: the stepparent’s role, emotional baggage, differences in values, discipline, power struggles, and celebrating your blended family’s achievements.

This course is also a great resource for foster parents, adoptive parents, single parents, and others affected by loss and change. See our website for details about the course.

Leader Training
See pages 26-29 for details and dates.

PRICE GUIDE NEW STREAMING!
Intro Offer: SAVE $200 on Streaming Kits when you order by June 30, 2024!

Standard Program Kit
202 minutes of video-embedded PowerPoint (51 slides) on Flash Drive or Streaming (1 year subscription), 1 Parent’s Guide, 1 Reproducible Certificate of Completion (download), 2 Course Announcement Posters, Research Measurement Tools (download)

1940P Flash Drive . . . . . . . $449.00
1940S Streaming (1 year). $449 $249.00

Online Video Library add-on
The Video Library is a great way to share all of the video (without slides) with parents to reinforce lessons. Each video is 21-46 minutes long and comes with downloadable discussion guidelines and Parent’s Tips Sheets. Can be used in your resource room, for home visits, and at parent meetings. Must own kit to add this service and should not be used as a class.

192OLC Annual subscription. . . . . . $298.00

Jump-Start Package
Contains 1 Standard Program Kit (Left), PLUS 15 Parent’s Guides and 6-month subscription to the APSF Online Video Library

1949P Flash Drive: . . . . . . . . . . . . . . . $649.00
1949S Streaming (1 year). $649 $449.00

Parent’s Guide
Parent’s Guides are necessary to maintain the integrity of the program and serve as an invaluable resource for parents after the class is over. They reinforce the skills presented in class and support parents as they put those skills into action at home. See our website for quantity discounts:

1943 Parent’s Guides . . . . . . . . . . . . . . . $16.95

www.ActiveParenting.com/APSF | 800.825.0060 | Order Now!
Christian Active Parenting (CAP) combines the wisdom of the Bible with our evidence-based approach to give parents the strength and skills they need. Use CAP to guide anxious parents, to bring families closer to God, and to build a more vibrant faith community.

Based on Active Parenting 4th Ed. (p. 10), CAP uses scripture to explore the essential Active Parenting model: encouragement, communication, and non-violent discipline. With this edition, we’ve added topics that worry today’s parents most, including bullying, the role of Christianity in their children’s lives, and drug prevention.

Check our webpage for details, including sample video scenes: www.activeparenting.com/CAP

Price Guide

Standard Program Kit
197 minutes of video-embedded PowerPoint (128 slides) on Flash Drive or Streaming (1 year subscription), 1 Leader’s Guide, 1 Parent’s Guide, 1 Parent’s Workbook, 1 Reproducible Certificate of Completion (download), 1 Key Points Magnet, 2 Course Announcement Posters, Research Measurement Tools (download)

1991 Flash Drive ................. $549.00
1991S Streaming (1 year) . $349.00

Jump-Start Package
Contains 1 Standard Program Kit (Above), PLUS 15 Parent’s Guides, 15 Parent’s Workbooks, 15 Key Points Magnets, and 6-month subscription to the CAP Online Video Library

1999P Flash Drive ............... $849.00
1999JS Streaming (1 year). $649.00

Online Video Library add-on
The Video Library is a great way to share all of the video (without slides) with parents to reinforce lessons. Each video is 28-42 minutes long and comes with downloadable discussion guidelines and Parent’s Tips Sheets. Can be used in your resource room, for home visits, and at parent meetings. Must own kit to add this service and should not be used as a class.

1980LC Annual subscription.... $298.00

Intro Offer: SAVE $200 on Streaming Kits when you order by June 30, 2024!

WEB PAGE

www.ActiveParenting.com/CAP

Order Now!  I  800.825.0060  I  www.ActiveParenting.com/CAP
Also recommended…

**PARENTING 5-12**

Taming the Spirited Child: Strategies for Parenting Challenging Children without Breaking Their Spirits

by Michael H. Popkin, Ph.D.

Some kids seem to be born more adventurous, persistent, and sensitive than others. In his insightful book for parents, Active Parenting author Michael Popkin shows how to understand them while celebrating the gift of spirit. With humor, emotion and practical wisdom, Dr. Popkin teaches parents:
- To recognize the characteristics of a spirited child
- The positive potential these children possess
- How taming is as much about building a relationship as setting limits
- The eight critical planks of a “taming corral”
- The dynamics of power and how to handle anger
- Practical, nonviolent discipline for spirited kids

266 pp.

8839 .............................. $19.99

**GAMES FOR LEARNING**

Dr. Playwell’s card games

by Larry Shapiro

These fun card games teach children valuable skills. Games contain 52 playing cards, 10 strategy cards, and 12 follow-through cards. For 2-4 players, ages 6-12.

7124 Positive Thinking ............... $27.95
7125 Coping with Stress ............... $27.95
7126 Caring About Others ............. $27.95
7127 Communicating Feelings ........ $27.95
7128 Controlling Your Anger ........ $27.95

Give Everyone a Fair Shake! Toss & Learn Conflict Resolution Game

from Franklin Learning Systems

Helps players learn important conflict resolution skills such as: being a good listener, learning to show respect, trying for a win-win solution, taking responsibility for choices made, knowing when to walk away, learning not to blame others and more! Players roll a blue die for a situation and then roll a yellow die for questions or actions. Each set comes with big dice, skill sheets, packet of points, and facilitator guidelines For ages 8-12.

7173 Conflict Resolution .............. $19.99

**SPANISH**

Self-Calming Cards

by Elizabeth Crary & Mits Katayama

24 illustrated cards describe different self-calming strategies—physical, auditory/verbal, visual, creative, and more. Includes step-by-step instructions for games and activities to use with the calming cards. Written in both English and Spanish, these cards and the accompanying instruction sheet explain how parents and teachers can introduce the cards and the concept of self-calming. Each calming method includes suggested activities for a range of ages, from toddler to adult. Useful for ages 2-10 years. 36 cards.

7110 ................................. $12.95

Check out our Blog for the latest news, helpful ideas, and content that impacts our community!

www.ActiveParenting.com/blog/

www.ActiveParenting.com • 800.825.0060 • Order Now!
Expand your reach with Leader Training Workshops

At an Active Parenting Leader Training Workshop, you’ll learn to lead effective parenting groups using our evidence-based programs. We’ve trained over 50,000 people in the past 40 years—leaders just like you.

We offer virtual and in-person (private) training opportunities in a live setting. See our website for complete details and the latest schedule: ActiveParenting.com/training.

These workshops will show you how to:
• Explain the program’s concepts
• Implement the program in a variety of settings
• Stimulate positive changes in parents
• Get more parents to sign up

Earn Continuing Education credit
Active Parenting Publishers has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5192. Programs that do not qualify for NBCC credit are clearly identified. Active Parenting Publishers is solely responsible for all aspects of the program.

Group Discount
Train everyone in your organization at once to increase your effectiveness and save money at the same time. Register 3 people for one workshop and send a fourth person for free!

Your Training Manager
Training Manager Micole Mason is ready to help with your training questions. Call 800-825-0060, x3.

Here’s what you’ll get:
By registering for a training, you’ll get a full day of instruction from a certified Active Parenting Trainer, a free Leader’s Guide & Parent’s Guide, 15% off the price of a program kit, the Certification packet, clock hours (if necessary), and a Certificate of Attendance. Satisfaction is guaranteed.

Register 3, get 4th free!
Become a Certified Active Parenting Leader!
Certified Leaders and Trainers are serious about parent education. They have taken the steps necessary to learn an Active Parenting program in depth, to gain valuable real-life experience leading the program as designed by the author, and to solicit feedback from the parents they teach. Discover the steps to certification on our website:

Your Training Manager

Pricing Information
Register before
May 17, 2024 SAVE $100 .......................... $749 $649
Register after May 17, 2024 .............. $749

Completion of a Leader Training Workshop is a prerequisite for the TOT.

Special offer: register 3, get 4th free!
Train your entire team & save!
• 800-825-0060 x 3 •

The three-day workshop is led by Active Parenting author Dr. Michael Popkin along with other experienced Active Parenting Trainers. You will gain a deeper knowledge of the programs, learn how best to train parent educators, improve your own presentation skills, and exchange ideas with other professionals in your field.

Three trainings in one
This training covers the core Active Parenting programs:
1. Active Parenting: First Five Years
2. Active Parenting 4th Edition
3. Active Parenting of Teens

The next TOT will be held in Atlanta July 17-19, 2024. A special virtual TOT will be held via “Zoom video conferencing October 2024. Dates of the Virtual TOT will be announced later. Spots are limited so register early! Upon completion of the TOT, you can earn up to 20 clock hours from NBCC and be on your way to gaining certification!

For more information...
Go to our website for more details, including the agenda, the presenters, and how to logon: ActiveParenting.com/TOT

*A computer with internet connection, webcam, and microphone are required to participate in the virtual TOT.

Need something special? We make house calls!
Do you have special training needs or a large group? Active Parenting can help! We’ll design and implement a webinar or live workshop specifically for your organization—when and where you want. If you have at least 10 people who need to be trained, we will customize a Special Leader Training Workshop or Training of Trainers for you. Contact our Training Manager at 800-825-0060 ext. 3 for more information.
Self-study courses to improve your facilitation skills

With the Active Parenting Online Leader Training Workshops (OLTW), you will sharpen your skills and expand your parenting knowledge. The OLTWs are 100% self-study and are conducted via the Internet.

What will I learn?
The OLTW is offered in two parts: Part #1 introduces parenting education. This segment, called “How to Lead a Great Parenting Group,” explains 12 key skills for leading a successful group, picking a good curriculum, and being an effective problem-solver. It takes three hours to complete (3 clock hours).

Part #2 is your Leader Training Workshop in a specific Active Parenting program (First Five Years and Active Parenting 4th Ed only). This course explores the curriculum in detail. Using the digital Leader’s Guide, you will learn how to present the concepts, guide parent discussions, and run the activities for that specific course. It takes about 11-30 hours to complete this segment, including reading assignments.

What do I need for this class?
You will need:
• A computer, tablet, etc., with sound
• Internet connection
• Time to complete the class within 60 days
• A desire to learn valuable new skills
• That’s it!

When does my class start?
After registering for the OLTW, you will receive login information via email within two business days.

What do I get?
With registration you will get 24/7 access to your class during the 60-day enrollment period, access to the Discussion Forum, and clock hours from NBCC. With Part #2 you will also receive access to the digital Leader’s Guide and Parent’s Guide, plus 15% off the cost of the program kit.

For more information...
Go to our website for complete details: ActiveParenting.com/OLTW

Pricing Information

<table>
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<tr>
<th>Course</th>
<th>Price</th>
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<tr>
<td>How to Lead a Great Parenting Group</td>
<td>$49.95</td>
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<tr>
<td>Active Parenting 4th Ed. Leader Training</td>
<td>$189.00</td>
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<tr>
<td>Active Parenting: First Five Years Leader Training</td>
<td>$189.00</td>
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Special offer: register 3, get 1 free!

Live Leader training from the comfort of your own computer

Active Parenting’s Leader Training Workshops are available as convenient webinars, turning your home or office into a classroom! Each Webinar LTW is led by an experienced Active Parenting Trainer and includes video and discussion. You’ll be able to ask questions and hold live chats for an interactive experience.

How does it work?
To take a Leader Training Webinar, you need a computer with a speaker and good Internet connection. Most webinars begin at 9am U.S. Central Time and last 7 hours. The confirmation email will list the date and times. There will be breaks throughout the day including a one-hour lunch break.

Call to schedule a custom webinar.

2024 Dates

Most webinars begin at 9am Central and last 7 hours. The Cooperative Coparenting Webinar is 10 hours over 2-days. Must register a week in advance to receive materials before the webinar date. Dates are added often! See our website or give us a call.

<table>
<thead>
<tr>
<th>Webinar Date</th>
<th>Course</th>
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<tr>
<td>January 16, 2024</td>
<td>Active Parenting: First Five Years</td>
</tr>
<tr>
<td>January 23, 2024</td>
<td>(p. 6)</td>
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<tr>
<td>January 30, 2024</td>
<td>Active Parenting 4th Edition (p. 10)</td>
</tr>
<tr>
<td>February 20-21, 2024</td>
<td>Cooperative Coparenting (p. 20)</td>
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<tr>
<td>March 12, 2024</td>
<td>Active Parenting for Stepfamilies</td>
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<td>March 19, 2024</td>
<td>(p. 22)</td>
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<td>April 16-17, 2024</td>
<td>Active Parenting of Teens (p. 14)</td>
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For more information...
Go to our website for complete details: ActiveParenting.com/OLTW

Pricing Information

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<th>Webinar or workshop</th>
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<tbody>
<tr>
<td>$189.00</td>
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Special Offer: register 3, get 4th free!

28 Order Now! | 800.825.0060 | www.ActiveParenting.com/OLTW

29 www.ActiveParenting.com/training | 800.825.0060 | Order Now!
**Fun Stuff**

**Affordable gifts for class participants**

These fun products can be used as door prizes, end-of-class gifts, and more. See our website for more Fun Stuff!

- **NEW! Active Parenting 40th Anniversary Tumbler**
  - This colorful tumbler makes a great gift or door prize! It’s perfect for keeping drinks hot or cold.
  - 18 oz Double-Wall insulated travel/coffee cup with sip-through lid
  - Molded from reusable and recyclable Polypropylene BPA-free
  - Fits most auto cup holders
  - Top-rack dishwasher safe

  **Item#** 40TUM .......................... **$14.95**

- **Active Parenting Microfiber Cloth**
  - This handy microfiber cloth is both practical and cute! Product size is approx. 6” x 6”.
  - (Quantity discounts available.)

  **Item#** 7179 .................. **$1.99**

- **Active Parenting Phone Stand**
  - This sturdy, portable plastic phone stand will serve as a reminder to parents of the important communication and discipline skills they will learn in an Active Parenting class. Product size is approx. 6” x 5”.
  - (Quantity discounts available.)

  **Item#** 7178 ........ **$7.99**

**ORDERING INFORMATION**

Our Guarantee: Active Parenting Publishers offers a 100% guarantee. If you’re not completely satisfied with any product you purchase, return the unused portion in resellable condition and receive a prompt refund. No questions asked.

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<table>
<thead>
<tr>
<th>10% of subtotal</th>
<th>minimum charge $10.95</th>
</tr>
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<tr>
<td>For shipments to AK, HI, APO/FPO, and U.S. territories, the shipping and handling fee is 15% of the subtotal ($15 minimum).</td>
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1290 Kennestone Circle • Suite D-101
Marietta GA 30066-6022

**Phone:** 800-825-0060
**Fax:** 770-429-0334

**Online:** www.ActiveParenting.com

**Promo Code:** CAT24A001

**Payment Options:**

- Bill my organization/school
- Make checks payable to Active Parenting Publishers
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- Payment Method:

**Order Subtotal**

10% of subtotal; minimum charge of $10.95

**Order Subtotal**

**Subtotal**

**Sales Tax:**

- GA residents, add 7%
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- CA residents, add 9.0%; WI residents, add 5.5%

**Total**

**Shipping/Handling Fee:**

- Minimum charge of $10.95

**SALeS TAx:**

- GA residents, add 7%; WI residents, add 5.5%

**CALCULATE SHIPPING & HANDLING**

10% of subtotal: minimum charge of $10.95

**CALCULATE SALES TAX:**

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|-------------------------------------|----------------|-------------|
| 40TUM Active Parenting 40th Anniversary Tumbler | | |
| 7179 Active Parenting Microfiber Cloth | | |
| 7178 Active Parenting Phone Stand | | |

**Bill To:** (must match credit card info)

- Name:
- Organization:
- Address:
- City: State: Zip:
- Phone:

**Ship To:** (street address required)

- Name:
- Organization:
- Address:
- City: State: Zip:
- Phone:

**Security code**

Expiration date

Authorized signature:

**Authorize card**

Preparation required unless net 30 payment terms have been previously established. Payment by wire transfer will be charged a $35 processing fee.
Get a FREE Active Parenting 40th Anniversary Tumbler when you order using promo code: CAT24A001

COMING SOON: Crossroads of Coparenting! See pages 3, 22 for details & check our website for release dates and SPECIAL Prepub OFFERS!

STREAMING NOW AVAILABLE! $200 OFF! see p. 3 for details

Cover all the ages & stages with our award-winning line of video-based parenting education programs—NOW AVAILABLE TO STREAM! Written by parenting expert Dr. Michael Popkin, the Active Parenting Suite provides three evidence-based curriculums used by thousands of educators worldwide. Available in English and Spanish.

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www.ActiveParenting.com

Strengthen families with effective parent education

Order Form on page 31.