

NYS OASAS Evidence-Based Programs & Strategies for Prevention

Name	Brief Description	# of Sessions/ Session Length	Population/ Setting	Risk & Protective Factors Outcomes	Substance Use Outcomes
Active Parenting (4th Ed.)	Active Parenting is a video-based education program designed to teach parents how to raise a child by using encouragement, building self-esteem, active listening, effective communication, and problem solving.	# of Sessions: 6 Session Length: 2 Hours	Population: Parents of Youth Ages 5-12 Setting: Home & School	<u>Risk Factors:</u> ○ Parental Attitudes Towards Drugs ○ Family Conflict	None
Active Parenting of Teens	Active Parenting of Teens is designed to increase protective factors that prevent and reduce alcohol and other drug use; irresponsible sexual behavior; and violence.	# of Sessions: 6 Session Length: 2 Hours	Population: Parents of Youth Ages 13-17 Setting: Home & School	<u>Risk Factors:</u> ○ Family Management Problems ○ Parental Attitudes Towards Drugs ○ Low Commitment to School ○ Favorable Attitudes Toward Drug Use	None
All Stars Core	All Stars is a school- and community-based intervention that addresses prosocial behaviors that help students get along with each other and, at the discretion of the teacher, addresses postponing premature sexual activity.	# of Sessions: 13 Session Length: 45 Min.	Population: Middle School Setting: School	<u>Risk Factors</u> ○ Early initiation of problem behavior	Drug Use (Short-term only)
All Stars - Booster	All Stars Booster is designed to be delivered one year after Core. It includes nine 45-minute sessions that reinforce (but do not duplicate) lessons learned in Core.	# of Sessions: 9 Session Length: 45 Min.	Population: Middle School Setting: School	<u>Risk Factors:</u> ○ Low Commitment to School ○ Perceived Risk of Drug Use	None

Brief Alcohol Screening and Intervention for College Students (BASICS)	Brief Alcohol Screening and Intervention for College Students (BASICS) is a prevention program for college students who drink alcohol heavily and have experienced or are at risk for alcohol-related problems.	# of Sessions: 2 Session Length: 1 Hour	Population: Ages 18-25 Setting: School, Community	None	Alcohol
Building Skills	Building Skills is a 12-lesson curriculum designed to help 5th graders avoid or reduce high-risk behaviors, including substance abuse, by improving their inter- and intrapersonal skills.	# of Sessions: 12 Session Length: 1 Hour	Population: Ages 6-12 Setting: School	<u>Protective Factor:</u> ○ Social Skills <u>Risk Factors:</u> ○ Low Commitment to School ○ Early Initiation of Drug Use ○ Early Initiation (K-5) of Problem Behavior	None
Challenging College Alcohol Abuse	Challenging College Alcohol Abuse is a social norms and environmental management program that reduces high-risk drinking and related negative consequences in college students 18 to 25 years old.	# of Sessions: N/A Session Length: N/A	Population: Ages 18-25 Setting: School	<u>Risk Factor:</u> ○ Social Norms Favorable Towards Substance Use	Alcohol
Creating Lasting Family Connections	Creating Lasting Family Connections (CLFC) is a family-focused program that aims to build the resiliency of youth aged 9 to 17 years and reduce the frequency of their alcohol and other drug (AOD) use.	# of Sessions: 15-18 Session Length: 1 – 2.5 hours	Population: Ages 9-17 + Parents/Guardians Setting: Community Settings	<u>Protective Factors:</u> ○ Community Opportunities for Prosocial Involvement ○ Family Attachment <u>Risk Factors:</u> ○ Family Conflict ○ Parental Attitudes Towards Drugs ○ Academic Failure ○ Friends who use Drugs ○ Early Initiation of Drug Use	Drugs Alcohol

Early Risers Skills for Success	Early Risers "Skills for Success" is a multicomponent, developmentally focused, competency-enhancement program that targets 6- to 12-year-old elementary school students who are at high risk for early development of conduct problems, including substance use.	# of Sessions: 24 Session Length: N/A	Population: Ages 6-12 + Parents/Guardians Setting: Camp, School	Risk Factors: ○ Family Management Problems ○ Early Initiation (K-5) of Problem Behavior Protective Factor: ○ Social Skills	None
Familias Unidas	A family-based program for Hispanic families conducted in Spanish. It is designed to prevent conduct disorders; use of illicit drugs and alcohol; and risky sexual behaviors by improving family functioning. The intervention is delivered primarily through multiparent groups, which aim to develop effective parenting skills, and family visits, during which parents apply skills while interacting with their adolescent.	# of Sessions: 8 multiparent group sessions and 4 family sessions w/adolescent Session Length: 2 hours (parent sessions) 1 hour (family sessions)	Population: Hispanic families with children ages 12-17 – conducted in Spanish Setting: School, Community	Risk Factors ○ Family Management Problems ○ Family Conflict	Decrease in recent substance use
Families and Schools Together (FAST)	Families and Schools Together (FAST) is a 2-year, multifamily group intervention designed to build relationships between and within families, schools, and communities (particularly in low-income areas) to increase all children's well-being.	# of Sessions: 8* (24) Session Length: 2.5 Hours	Population: Ages 0-14 + Parents/Guardians Setting: School	Protective Factors: ○ Family Opportunities for Prosocial Involvement ○ School Opportunities for Prosocial Involvement Risk Factors: ○ Low Commitment to School ○ Academic Failure	None
Family Spirit	Family Spirit® is an evidence-based, culturally tailored home-visiting program to promote optimal health and	# of Sessions: 63	Population: Expectant Indigenous/American Indian mothers	Risk Factors: ○ Depressive Symptoms	Cannabis Illicit drugs

	wellbeing for expectant Indigenous/American Indian mothers and their children. Family Spirit combines the use of paraprofessionals from the community as home visitors and a culturally focused, strengths-based curriculum as a core strategy to support young families. Parents gain knowledge and skills to promote healthy development and positive lifestyles for themselves and their children. 63 lessons are taught between pregnancy and the child's 3 rd birthday	Session Length: ~1 hour	Setting: Community/Home		
FIRST STEP Next	(INDICATED POPULATIONS ONLY) FIRST STEP Next is a collaborative home and school intervention for preschool through second grade. The teacher, family member, and behavioral coach (for example, school counselor, early childhood educator, or behavioral specialist) teach the at-risk child skills that contribute to school success and the development of friendships.	# of Sessions: The intervention requires 2 to 3 months to implement (daily), followed by a maintenance phase for the remainder of the school year. Session Length: ~20 mins	Population: Pre-K – Grade 2 (Indicated) Setting: Home, School	Protective Factors: <ul style="list-style-type: none"> ○ Family Opportunities for Prosocial Involvement ○ School Opportunities for Prosocial Involvement ○ Social Skills Risk Factors: <ul style="list-style-type: none"> ○ Family Management Problems ○ Family Conflict ○ Low Commitment to School ○ Parental Attitudes Favorable Towards Other Problem Behavior ○ Early Initiation (K – 5) of Problem Behavior 	None
Guiding Good Choices	Guiding Good Choices (GGC) is a drug use prevention program that provides parents of children in grades	# of Sessions: 5	Population: Parents/Guardians of children ages 9-14	Protective Factors: <ul style="list-style-type: none"> ○ Family Opportunities for Prosocial Involvement 	Alcohol Cannabis Illicit Drugs (narcotics,

	4 through 8 (9 to 14 years old) with the knowledge and skills needed to guide their children through early adolescence. It seeks to strengthen and clarify family expectations for behavior, enhance the conditions that promote bonding within the family, and teach skills that allow children to resist drug use successfully.	Session Length: ~1 hour	Setting: Community, School	<ul style="list-style-type: none"> ○ Family Rewards for Prosocial Involvement ○ Social Skills Risk Factors: <ul style="list-style-type: none"> ○ Family Management Problems ○ Perceived Risk of Drug Use ○ Early Initiation of Drug Use 	cocaine, ecstasy, etc.)
Incredible Years - Classroom Dinosaur	The child program aims to strengthen children's social and emotional competencies, such as understanding and communicating feelings, using effective problem-solving strategies, managing anger, practicing friendship and conversational skills, and behaving appropriately in the classroom.	# of Sessions: 65 Session Length: 20 – 30 minutes	Population: Ages 3-8: <ul style="list-style-type: none"> • 3 – 5 yrs: Level 1 • 5 – 6 yrs: Level 2 • 7 – 8 yrs: Level 3 Setting: School	Protective Factors: <ul style="list-style-type: none"> ○ Family Rewards for Prosocial Involvement ○ School Opportunities for Prosocial Involvement ○ Social Skills Risk Factors: <ul style="list-style-type: none"> ○ Early Initiation (K-5) of Problem Behavior ○ Family Management Problems 	None
Incredible Years - Parent Program	The Incredible Years parent programs focus on strengthening parent-child interactions and relationships, reducing harsh discipline, and fostering parents' ability to promote children's social, emotional, and language development.	# of Sessions: Baby: 9 – 12 Toddler: 13 Preschool: 18 – 20 School Age: 12 – 20 Session Length: 2-3 Hours	Population: Parents/Guardians of Children 0-12 years: <ul style="list-style-type: none"> • 0 – 1 year: Baby program • 1 – 3 yrs: Toddler Program • 3 – 6 yrs: Preschool Program • 6 – 12 years: School Age Program Setting: School/Community	Risk Factors <ul style="list-style-type: none"> ○ Family Management Problems ○ Early Initiation (K – 5) of Problem Behavior 	None

Keepin' it Real	Keepin' it REAL is designed to help students assess the risks associated with substance abuse, enhance decision making and resistance strategies, improve antidrug normative beliefs and attitudes, and reduce substance use. The curriculum places special emphasis on resistance strategies represented in the acronym REAL: Refuse offers to use substances, Explain why you do not want to use substances, Avoid situations in which substances are used, and Leave situations in which substances are used.	# of Sessions: 10 Session Length: 45 Min.	Population: Middle School Setting: School	None	Alcohol Cannabis
Life Skills Training (LST) - Elementary	LifeSkills Training (LST) is a school-based program that aims to prevent alcohol and cannabis use and violence by targeting the major social and psychological factors that promote the initiation of substance use and other risky behaviors. LST is based on both the social influence and competence enhancement models of prevention.	# of Sessions: 8 Session Length: 30-45 minutes	Population: Elementary Setting: School	<u>Risk Factor:</u> <ul style="list-style-type: none"> ○ Early Initiation (K – 5) of Problem Behavior <u>Protective Factor:</u> <ul style="list-style-type: none"> ○ Social Skills 	None
Life Skills Training (LST) - Middle School	LifeSkills Training (LST) aims to prevent alcohol and cannabis use and violence by targeting the major social and psychological factors that promote the initiation of substance use and other risky behaviors.	# of Sessions: •Foundation Level 1 (Ideally in grades 6/7): 15 class sessions (plus 3 optional) •Booster Level 2 (only implemented after level 1): 10	Population: Middle School Setting: School	<u>Protective Factor:</u> <ul style="list-style-type: none"> ○ Social Skills <u>Risk Factors:</u> <ul style="list-style-type: none"> ○ Early Initiation of Drug Use ○ Perceived Risk of Drug Use 	Alcohol Cannabis Opioids

		class sessions (plus 2 optional), ▪Booster Level 3 (only implemented after level 2): 5 class sessions (plus 4 optional) Session Length: 45-50 minutes			
Life Skills Training (LST) – High School	The Botvin LifeSkills Training (LST) High School program is a highly interactive, skills-based program designed to promote positive health and personal development for youth in grades 9 or 10. The program is comprehensive, dynamic, and developmentally designed to promote mental health, social-emotional (SEL) skills and positive youth development.	# of Sessions: 10 Session Length: 45 minutes	Population: High School – 9 th or 10 th grade only Setting: School	<u>Protective Factor:</u> ○ Social Skills	Alcohol Cannabis
Lions Quest – Skills for Adolescence	Lions Quest Skills for Adolescence (SFA) is a universal and comprehensive curriculum for students in grades 6–8 with the aim of fostering a positive learning environment, teaching social and emotional skills, promoting prosocial behavior, and preventing drug and alcohol use.	# of Sessions: 34 Session Length: 45 minutes	Population: Grades 6-8 Setting: School	<u>Protective Factor:</u> ○ Social Skills	Cannabis
Olweus Bullying Prevention	OBPP is used at the school, classroom, and individual levels and includes methods to reach out to parents and the community for	# of Sessions: NA Session Length: X	Population: Ages 6-18 Setting: School	<u>Risk Factor:</u> ○ Early initiation (K – 5) of Problem Behavior	Alcohol Cannabis

	involvement and support. These efforts are designed to improve peer relations and make the school a safer and more positive place for students to learn and develop.				
Parenting Wisely	Parenting Wisely is a set of interactive, computer-based training programs for parents of children ages 3-18 years. Based on social learning, cognitive behavioral, and family systems theories, the programs aim to increase parental communication and disciplinary skills.	# of Sessions: 9 Session Length: X	Population: Ages 3-18 + Parents/Guardians Setting: Community	Protective Factor: ○ Family Opportunities for Prosocial Involvement Risk Factors: ○ Family Conflict ○ Family Management ○ Early Initiation (K – 5) of Problem Behavior	None
PATHS	The PATHS curriculum is a comprehensive program for promoting emotional and social competencies and reducing aggression and behavior problems in elementary school-aged children while simultaneously enhancing the educational process in the classroom. Although primarily focused on the school and classroom settings, information and activities are also included for use with parents.	# of Sessions: 44 Session Length: 30 Min.	Population: Preschool & Kindergarten Setting: School	Protective Factor: ○ Social Skills Risk Factors: ○ Academic Failure ○ Early Initiation (K-5) of Problem Behavior	None
PAX Good Behavior Game	PAX Good Behavior Game (GBG) classroom behavior management strategy for elementary school integrated into standard curricula. GBG uses a game format with teams with rewards for pro-social behavior. Provider is	# of Sessions: N/A Session Length: Up to 20 minutes depending on age (longer for older kids)	Population: Ages 5-12 Setting: School	Risk Factor: ○ Early Initiation (K-5) of Problem Behavior	Long term: Alcohol Drugs

	the “coach” and capacity builder.				
Positive Action – Elementary School	Positive Action is a systematic educational program that promotes an intrinsic interest in learning and encourages cooperation among students. It works by teaching and reinforcing the intuitive philosophy that you feel good about yourself when you do positive actions.	# of Sessions: 55 lessons Session Length: 15 - 20 minutes per lesson	Population: Elementary School Setting: School	Risk Factors: <ul style="list-style-type: none"> ○ Academic Failure ○ Low Commitment to School ○ Early Initiation of Problem Behavior 	Alcohol Drugs
Positive Action - Middle School	Positive Action is a systematic educational program that promotes an intrinsic interest in learning and encourages cooperation among students. It works by teaching and reinforcing the intuitive philosophy that you feel good about yourself when you do positive actions.	# of Sessions: 35 lessons Session Length: 15 - 20 minutes per lesson	Population: Middle School Setting: School	Risk Factors: <ul style="list-style-type: none"> ○ Academic Failure ○ Low Commitment to School ○ Early Initiation of Problem Behavior 	Alcohol Drugs
Prevention	Prevention is a school-based intervention aimed to reduce drug and alcohol use while improving emotional well-being. Students who demonstrate certain personality profiles as identified through a screening questionnaire participate in a two 90-minute workshop. The workshops focus on motivating teens to understand their personality type that may lead to certain	# of sessions: 2 Session Length: 90 minutes	Population: Ages 12-17 Setting: School, community	Risk Factor: <ul style="list-style-type: none"> ○ Early Initiation of Problem Behavior 	Alcohol Cannabis Illicit drugs

	emotional or behavioral reactions. Specialized workshops include sensation seeking, impulsivity, anxiety sensitivity, and negative thinking.				
Project Towards No Drug (TND) Abuse	Project Towards No Drug Abuse (Project TND) is a drug use prevention program for high school youth. The current version of the curriculum is designed to help students develop self-control and communication skills, acquire resources that help them resist drug use, improve decision making strategies, and develop the motivation to not use drugs. It is packaged in 12 40-minute interactive sessions to be taught by teachers or health educators.	# of Sessions: 12 Session Length: 40-50 Mins.	Population: Ages 13-17 Setting: School	None	Drugs
Protecting You/Protecting Me	Protecting You/Protecting Me (PY/PM) is a 5-year classroom-based alcohol use prevention and vehicle safety program for elementary school students in grades 1-5 (ages 6-11) and high school students in grades 11 and 12. The program aims to reduce alcohol-related injuries and death among children and youth due to underage alcohol use and riding in vehicles with drivers who are not alcohol free.	# of Sessions: 8 Session Length: 20-40 Min.	Population: Ages 6-11 Setting: School	<u>Risk Factor:</u> ○ Perceived Risk of Drug Use	None

Refuse, Remove, Reasons High School Education	Refuse, Remove, Reasons High School Education Program (RRR) is a substance abuse prevention program that is designed to reduce high school students' favorable attitudes toward the use of alcohol and other drugs (AOD); decrease their misperception of normative peer AOD use; and increase their refusal skills for AOD use.	# of Sessions: 5 Session Length: Varies	Population: Ages 13-17 Setting: School	<u>Protective Factor:</u> <ul style="list-style-type: none"> ○ Social Skills <u>Risk Factor:</u> <ul style="list-style-type: none"> ○ Perceived Risk of Drug Use 	Cannabis
Responding in Peace & Positive Ways (RIPP)	Responding in Peaceful and Positive Ways (RIPP) is a school-based, violence prevention program for middle school students, which teaches skills for positive communication. RIPP is a primary prevention program intended for all students rather than for only those who are at a higher risk for violence.	# of Sessions: 16 Session Length: 50 Min.	Population: Middle School Setting: School	<u>Risk Factors:</u> <ul style="list-style-type: none"> ○ Low Commitment to School ○ Engage in Other Problem Behavior 	None
Second Step - Elementary Grades K-5	Second Step–Elementary is a universal, classroom-based program for children in kindergarten through fifth grade, which is designed to increase school success and decrease problem behaviors by promoting social–emotional competence and self-regulation. The Second Step program consists of a skills-focused, social–emotional learning (SEL) curriculum that emphasizes skills that strengthen	# of Sessions: K: 25 Grades 1-5: 22 Session Length: 20-40 Min.	Population: K-5th Grade Setting: School	<u>Protective Factor:</u> <ul style="list-style-type: none"> ○ Social Skills <u>Risk Factor:</u> <ul style="list-style-type: none"> ○ Early Initiation (K – 5) of Problem Behavior 	None

	students' ability to learn, have empathy, manage emotions, and solve problems.				
Second Step - Middle School Grades 6-9	The Second Step Middle School program is a universal, classroom-based intervention for children in grades six through eight, which is designed to increase school success and decrease problem behaviors by promoting social-emotional competence. The Second Step program consists of a skills-focused, social-emotional learning (SEL) curriculum that emphasizes directly teaching students how to strengthen their ability to learn, have empathy, manage emotions, and solve problems.	# of Sessions: 26 Session Length: 25 Min.	Population: Middle School Setting: School	<u>Risk Factor:</u> ○ Engage in Other Problem Behavior	None
SPORT Prevention Plus Wellness – High School	SPORT Prevention Plus Wellness, a motivational intervention designed for use by all adolescents, integrates substance abuse prevention with health promotion to help adolescents minimize and avoid substance use while increasing physical activity and other health-enhancing habits, including eating well and getting adequate sleep.	# of Sessions: 1 Session Length: X	Population: Ages 14-18	<u>Protective Factor:</u> ○ Family Opportunities for Prosocial Involvement <u>Risk Factors:</u> ○ Early Initiation of Drug Use ○ Perceived Risk of Drug Use	Alcohol Drugs
Staying Connected w/Your Teen	Staying Connected with Your Teen is a video- and workshop-based program that get parents and teens working together to enhance communication and family	# of Sessions: 5 Session Length: X	Population: Parents/Guardians of ages 12-17 Setting: Community	<u>Risk Factors:</u> ○ Family Conflict ○ Family Management	Drugs Alcohol

	management practices and decrease conflict.				
Strengthening Families Program (Orig.)	The Strengthening Families Program (SFP) is a family skills training program designed to increase resilience and reduce risk factors for behavioral, emotional, academic, and social problems in children 3-16 years old. SFP comprises three life-skills courses delivered in 14 weekly, 2-hour sessions.	# of Sessions: 14 Session Length: 2 Hours	Population: Ages 3-16 + Parents/Guardians Setting: School/Community	Risk Factor: ○ Perceived Risk of Drug Use	Alcohol Cannabis
Strengthening Families Program - 10-14	The Strengthening Families Program: For Parents and Youth 10-14 (SFP 10-14) is a family skills training intervention designed to enhance school success and reduce youth substance use and aggression among 10- to 14-year-olds.	# of Sessions: 7 Session Length: 2 hours	Population: Ages 10-14 + Parents/Guardians Setting: Community/School	Risk Factor: ○ Early Initiation of Drug Use	Alcohol Cannabis
Strong African American Families Program	The Strong African American Families (SAAF) Program is a culturally personalized, family-centered intervention for African American youth, and their caregivers. SAAF is based on a developmental model of processes through which program participation has been shown to protect African American (AA) youth from the initiation and escalation of risk behaviors.	# of Sessions: 7 Session Length: 2 Hours	Population: African American/ Black youth aged 10-14 & their caregivers Setting: Community	Risk Factors ○ Family Management Problems ○ Parental Attitudes Favorable Towards Drugs ○ Early Initiation of Problem Behavior ○ Early Initiation of Drug Use ○ Favorable Attitudes Towards Drugs Protective Factor: ○ Social Skills	Alcohol
Support for Students Exposed to Trauma (SSET)	SSET is a school-based group intervention for students who have exposed to traumatic events designed	# of Sessions: 10 Session Length:	Population: Ages 10-14 Setting:	Risk Factors ○ Depression ○ Problem Behavior	None

	to teach cognitive and behavioral skills, such as problem solving, psychoeducation, and relaxation.	45 minutes	School		
Teen Intervene	Teen Intervene is a brief, early intervention program for 12- to 19-year-olds who display the early stages of alcohol or drug involvement. Integrating stages of change theory, motivational enhancement, and cognitive-behavioral therapy, the intervention aims to help teens reduce and ultimately eliminate their substance use.	# of Sessions: 3 Session Length: 1 Hour	Population: Ages 12-17 Setting: School, Outpatient, Justice System	Protective Factor: ○ Social Skills Risk Factor: ○ Perceived Risk of Drug Use	Alcohol
Too Good For Drugs (TGFD) - Elementary	Too Good for Drugs (TGFD) is a school-based prevention program for kindergarten through 12th grade that builds on students' resiliency by teaching them how to be socially competent and autonomous problem solvers. The program is designed to benefit everyone in the school by providing needed education in social and emotional competencies and by reducing risk factors and building protective factors that affect students in these age groups.	# of Sessions: 10 Session Length: 30 mins - 1 Hour	Population: K-5th Grade Setting: School	Protective Factors: ○ School Opportunities for Prosocial Involvement ○ Social Skills Risk Factors: ○ Early Initiation of (K-5) of Problem Behavior ○ Perceived Risk of Drug Use	None

Too Good For Drugs (TGFD) - Middle School	<p>Too Good for Drugs (TGFD) is a school-based prevention program for kindergarten through 12th grade that builds on students' resiliency by teaching them how to be socially competent and autonomous problem solvers. The program is designed to benefit everyone in the school by providing needed education in social and emotional competencies and by reducing risk factors and building protective factors that affect students in these age groups.</p>	<p># of Sessions: 10</p> <p>Session Length: 1 Hour</p>	<p>Population: Middle School</p> <p>Setting: School</p>	<p><u>Protective Factors</u></p> <ul style="list-style-type: none"> ○ School Opportunities for Prosocial Involvement ○ Social Skills <p><u>Risk Factors:</u></p> <ul style="list-style-type: none"> ○ Academic Failure ○ Perceived Risk of Drug Use ○ Favorable Attitudes Towards Drug Use 	<p>Alcohol Cannabis</p>
Too Good For Violence (TGFV) – Elementary/Middle School	<p>Too Good for Violence (TGFV) is designed to enhance prosocial behaviors and skills and improve protective factors related to conflict and violence.</p>	<p># of Sessions: 10</p> <p>Session Length: 30-50 Mins.</p>	<p>Population: K-8th</p> <p>Setting: School</p>	<p><u>Protective Factors:</u></p> <ul style="list-style-type: none"> ○ Social Skills ○ Prosocial Involvement <p><u>Risk Factor:</u></p> <ul style="list-style-type: none"> ○ Early Initiation (K-5) of Problem Behavior 	<p>None</p>
Too Good for Drugs & Violence (TGFDV) - High School	<p>Too Good for Drugs & Violence High School (TGFDV-HS) is a school-based, universal substance abuse prevention program that is designed to teach students skills and attitudes that enhance well-being and reduce the use of alcohol and drugs.</p>	<p># of Sessions: 15</p> <p>Session Length: 1 Hour</p>	<p>Population: Ages 13-17</p> <p>Setting: School</p>	<p><u>Protective Factor:</u></p> <ul style="list-style-type: none"> ○ Social Skills <p><u>Risk Factors:</u></p> <ul style="list-style-type: none"> ○ Parental Attitudes Favorable Towards Drugs ○ Attitudes Toward Drug Use ○ Friends Who Use Drugs ○ Perceived Risk of Drug Use 	<p>None</p>

Triple P – Positive Parenting Program [Level 2 – Selected; Ages 0 – 12]	Triple P – Positive Parenting Program [Level 2 – Selected Triple P] are seminars for parents interested in general information about promoting their child’s development.	# of Sessions: 3 Session Length: 1.5 hours	Population: Parents/Guardians of 0-12 yrs Setting: Community	<u>Risk Factors:</u> <ul style="list-style-type: none"> ○ Family Conflict ○ Family Management Problems ○ Family History of Problem Behavior ○ Early Initiation (K – 5) of Problem Behavior 	None
Triple P – Positive Parenting Program [Level 3 Group; Ages 0 – 12]	Triple P – Positive Parenting Program [Level 3 Group] is a small group intervention for parents of children 0 to 12 years old. It aims to prevent problems before they arise and to create family environments that encourage a child’s healthy development.	# of Sessions: 1 Session Length: 2 hours	Population: Parents/Guardians of 0-12 yrs Setting: Community	<u>Risk Factors:</u> <ul style="list-style-type: none"> ○ Family Conflict ○ Family Management Problems ○ Family History of Problem Behaviors ○ Depressive Symptoms <u>Protective Factors:</u> <ul style="list-style-type: none"> ○ Social Skills (stress management) ○ Prosocial Involvement 	None
Triple P – Positive Parenting Program [Level 3 Group; Teen]	The Teen Triple P Discussion Group Series includes parent discussion groups on commonly encountered problems such as getting teenagers to cooperate, coping with teenagers’ emotions, reducing family conflict, and building teenagers’ survival skills. The discussion groups are designed to provide an overview of the positive parenting principles for all parents who are interested.	# of Sessions: 1 Session Length: 2 hours	Population: Parents/Guardians of teens Setting: Community	<u>Risk Factors:</u> <ul style="list-style-type: none"> ○ Family Conflict ○ Family Management Problems 	None
Triple P – Positive Parenting Program [Level 4 Group; Ages 0 – 12]	Small group intervention for parents of children 0 to 12 years old. This version is for parents with concerns about their child’s behavior who require intensive training in positive parenting or those	# of Sessions: 5 x 2-hour group sessions + 3 x 20-minute individual telephone consultations	Population: Parents/Guardians of 0-12 yrs Setting: Community	<u>Risk Factors:</u> <ul style="list-style-type: none"> ○ Family Conflict ○ Family Management Problems ○ Early Initiation (K – 5) of Problem Behavior <u>Protective Factors:</u>	None

	who wish to learn a variety of parenting skills to apply to multiple contexts.	Session Length: 2-hour group sessions 20-minute individual phone consultations		<ul style="list-style-type: none"> ○ Social Skills 	
Triple P – Positive Parenting Program [Level 4 Group; Teen]	Small group intervention for parents of teens. This version is for parents with concerns about their teen’s behavior who require intensive training in positive parenting or those who wish to learn a variety of parenting skills to apply to multiple contexts.	# of Sessions: 5 x 2-hour group sessions + 3 x 20-minute individual telephone consultations Session Length: 2-hour group sessions 20-minute individual phone consultations	Population: Parents/Guardians of teens Setting: Community	<u>Risk Factors:</u> <ul style="list-style-type: none"> ○ Family Conflict ○ Family Management Problems <u>Protective Factors:</u> <ul style="list-style-type: none"> ○ Social Skills 	None