

# CROSSROADS OF COPARENTING™

A 5-STEP SEMINAR TO SHIELD CHILDREN FROM HARM

Susan Boyan, LMFT  
Ann Marie Termini, LPC

Video and Discussion Program for Coparents

Coparenting can present unique challenges for families. Sadly, it's often the children who pay the highest price and the parents who unwittingly cause this harm. But you can avoid this painful outcome. Crossroads of Coparenting is a 4-hour seminar that will help you identify the behaviors that can harm your children and change them for good. You will come away with a powerful toolset for handling conflict, communicating effectively, and promoting a positive, nurturing environment for your children.

Crossroads Coparenting follows a five-step plan designed to help parents shield children from harmful conflict and develop a child-focused, cooperative coparenting relationship.

## THE 5 STEPS:

- STEP 1** Keep your child out of the middle.
- STEP 2** Allow your child to love both parents.
- STEP 3** Work on your own recovery.
- STEP 4** Develop new communication skills.
- STEP 5** Create a new relationship as coparents.

## ESSENTIAL PARENT GUIDE



FROM CONFLICT-FOCUSED TO CHILD-FOCUSED

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